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Heterotypic phase separation in aggregation: Driver or deterrent? [☆]

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ABSTRACT

Liquid–liquid phase separation (LLPS) of proteins implicated in neurodegenerative diseases has gained growing attention in recent years, due to its potential role in driving the transition from functional protein monomers to pathogenic aggregates. However, the mechanisms by which phase separation contributes to the loss of protein function and promotes aggregation remain poorly understood. Recent studies show that multiple proteins or other biomolecules can colocalize within the biomolecular condensates, creating a highly interactive microenvironment that can modulate aggregation. In this review we look into the heterotypic phase separation of tau and α -synuclein, the two key proteins responsible for critical neurodegenerative disorders. By compiling recent findings, this review highlights the modulatory role of heterotypic condensates in disease progression and aims to provide an alternative perspective on regulation of protein aggregation in neurodegeneration.

1. Introduction

1.1. Emergence and biological roles of LLPS

Liquid–liquid phase separation (LLPS) refers to the process by which distinct phases emerge from a homogeneous solution. In eukaryotic cells, phase separation serves as a crucial mechanism for the spatial organization of biomolecules into dynamic compartments to facilitate specific cellular functions [1–3]. These compartments are distinct from conventional organelles, as they lack a membrane that allows selective regulation of molecular transmission through it. Typically, they exhibit liquid-like characteristics and adopt a spherical shape, minimizing the interfacial surface energy [4]. They show rapid molecular exchange with the surrounding cytoplasm and undergo physical processes such as Ostwald ripening and fusion, further reducing system energy [5]. Strome and Wood et al. were among the pioneers who recognized P-granule as a membraneless organelle with liquid-like properties [6]. Since then, several other cellular systems, including nucleolus [7], Cajal bodies [8], stress granules [9] were found to be formed through LLPS.

Although still in the early stages of investigation, LLPS has emerged as a fundamental mechanism regulating a wide range of biological processes. LLPS plays critical roles in transcription and translation, signal transduction, stress responses, chromatin organization and DNA

damage response [10,11]. Recent studies have also underscored the role of LLPS in cancer biology, suggesting its potential as a therapeutic target for modulating drug efficacy and overcome resistance in tumor cells [12–14]. LLPS is highly responsive to environmental conditions and is therefore strongly influenced by temperature, pH, post-translational modifications and interactions with small molecules [10,12,15]. To maintain focus and avoid redundancy, this review will specifically explore phase separation in the context of proteins implicated in neurodegenerative diseases.

1.2. The convergence of phase separation and protein aggregation

Protein aggregation poses a significant challenge to biological systems, often resulting in cellular dysfunction and neurodegenerative disorders [16–18]. Upon aggregation, proteins misfold and form non-native structures that contribute to cellular toxicity. Recently, phase separation has gained attention as a potential intermediate in the transition from functional protein states to pathological aggregates [19,20]. Several proteins associated with neurodegenerative diseases have been shown to undergo phase separation, particularly above a critical threshold concentration or in response to external stimuli [21].

The tendency of a protein to undergo phase separation depends significantly on its structure. Proteins with greater proportions of

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intrinsically disordered regions (IDRs) and low-complexity domains (LCDs) are more likely to phase separate. IDRs are multifunctional, highly flexible, unstructured regions of a protein that can critically contribute to the multivalent interactions during phase separation [22,23]. LCDs are compositionally biased regions of a protein, often being a subset of IDRs. However, IDRs and LCDs are not strictly required for phase separation; phase separation abilities of proteins are also strongly influenced by post-translational modifications, environmental conditions, and heterotypic interactions [22]. The saturation concentration (C_{sat}) represents the threshold concentration above which a molecule undergoes phase separation, serving as a key determinant of phase separation propensity. Several factors including temperature, pH, ionic strength, intrinsic molecular properties and interactions with other molecules can influence C_{sat} . While self-association and phase separation of proteins have been extensively studied and implicated in various neurodegenerative diseases [1,24–26], this review will now focus on heterotypic LLPS, exploring how interactions between different molecular species drive or regulate condensate formation and aggregation.

1.3. Heterotypic LLPS

Membraneless organelles can contain dozens to hundreds of components, interacting through a wide spectrum of affinities and stoichiometries. Their formation is influenced by the relative strengths of homotypic and heterotypic interactions [3,27]. When diverse biomolecules are recruited into a single condensed liquid phase, they create microenvironments that facilitate biochemical reactions and enhance cellular compartmentalization [28]. This recruitment process establishes a two-, three- or multi-component system, resulting in a heterotypic organization, commonly referred to as heterotypic LLPS or multicomponent LLPS. While homotypic LLPS involves the self-association of identical molecules, heterotypic condensates arise from multivalent interactions between different types of molecules including electrostatic, hydrophobic, π - π or cation- π interactions between distinct molecular species [29].

We consider three possible cases for heterotypic systems; other cases have been discussed elsewhere [30,31]. (i) Cooperative heterotypic phase separation; both components have strong self-interactions and phase separate. They also exhibit strong cross-interactions and efficiently form heterotypic condensates. (ii) Scaffold-client heterotypic phase separation; here the scaffold component can phase separate on its own while the client component, which does not have phase separating abilities but has strong affinity for the scaffold, gets recruited into scaffold condensates. This scaffold-client system will be elaborated in a later section. (iii) Cross-interaction driven heterotypic phase separation. In this system, neither of the components can phase separate on its own and phase separation occurs only through strong mutual cross interactions.

Recent studies have highlighted the ability of proteins implicated in neurodegenerative diseases to form heterotypic condensates with distinct biophysical properties [3,32]. This phenomenon has gained significant attention due to its potential role in synergistic toxicity in cells, *in vitro* and in animal models. The recruitment of one protein into the condensates of another might also provide the basis for synergistic aggregation of proteins. For instance, the amyloidogenic proteins, α S and tau which are known to co-aggregate in various dementias, have also been shown to form heterotypic droplets that may contribute to the pathophysiology of Alzheimer's disease (AD) and Parkinson's disease (PD) [31,33]. Furthermore, studies demonstrating that the synergistic action of multiple proteins accelerates neurotoxicity [34–39] underscore the importance of studying protein phase behaviour in a heterotypic context.

1.4. Scaffold-client heterotypic phase separation

In scaffold-client heterotypic condensation, molecules are classified

into scaffolds and clients. The scaffold component plays a crucial role by driving the formation of condensates, which then recruit client partners. Scaffolds have an intrinsic trigger to form condensates, driven by multivalent interactions or the presence of LCDs. The client partners do not favor condensation independently [27], but due to their affinity for the scaffold, they are recruited into the compartments formed by scaffolds and can significantly influence the stability and structural properties of condensates [27,40–43]. Low-valency clients compete for scaffold-scaffold binding sites, reducing scaffold connectivity and condensate stability. Alternatively, high valency clients form additional client-scaffold interactions and increase condensate stability [42]. However, the recruitment of client molecules by scaffold proteins may not be essential for condensate formation itself. One of the key determinants of client partitioning is the electrostatic interaction between charged scaffold and client components. Negatively charged molecules, such as RNA, exhibit a strong propensity for partitioning into condensates due to favourable electrostatic interactions with cationic scaffold proteins and this partitioning can be therefore regulated by the presence of ions [44]. Additionally, the concentration of the components, phase separating conditions, specific amino acid composition and post-translational modifications of client proteins can modulate the partitioning into condensates [27,45]. Importantly, the distinction between scaffold and client may be blurred for several systems and could vary with cellular conditions [41]. Nevertheless, the scaffold-client distinction is useful for understanding condensate composition.

In the following sections, we aim to integrate two key areas of research: molecular interaction studies and phase separation studies. We discuss the heterotypic phase separation partners of tau and α S, analyse the driving forces underlying their interactions, their prior associations with the corresponding protein and their effects on the heterotypic condensates formed. We further classify the nature of each heterotypic system according to their effects on tau and α S aggregation.

2. Heterotypic phase separation of tau and the impact on its aggregation

2.1. Tau

Tau is a prevalent protein in the central nervous system (CNS) primarily responsible for microtubule stability and other vital cellular functions like axonal transport, synaptic plasticity, and cell signalling [46,47]. Tau is an intrinsically disordered protein (IDP) that exists in six isoforms in the human brain, generated by alternative splicing of the MAPT gene [12]. Structurally, tau can be divided into four distinct domains: an N-terminal projection domain, a proline-rich domain, a repeat region, and a C-terminal domain [48] (Fig. 1a). The repeat domain, also known as the microtubule binding domain, is critical for tubulin binding and microtubule stabilization. Under normal physiological conditions, tau is predominantly bound to microtubules and the concentration of unbound cytosolic tau remains in nanomolar range. This low abundance of free tau makes it particularly challenging to investigate the early molecular events that lead to tau pathology [49].

The abnormal aggregation of tau into large, insoluble protein assemblies is a hallmark of AD and other neurodegenerative disorders collectively known as tauopathies [50]. The pathological cascade of tau involves several intermediate species, each associated with varied neurotoxicity. Kinases and phosphatases play vital roles in regulating tau under physiological conditions. However, dysregulated kinase activity, along with inhibited phosphatase function, can lead to tau hyperphosphorylation and misfolding. In response to these pathological triggers, monomeric tau aggregates into small, soluble oligomeric species. These oligomers have been implicated in a variety of neurotoxic effects and are considered key drivers of tau mediated toxicity [51]. With time, these oligomers are replaced by higher molecular weight (HMW) species and fibrillar forms, which appear to be less toxic than the early-stage oligomers [52–54]. This is supported by studies showing that

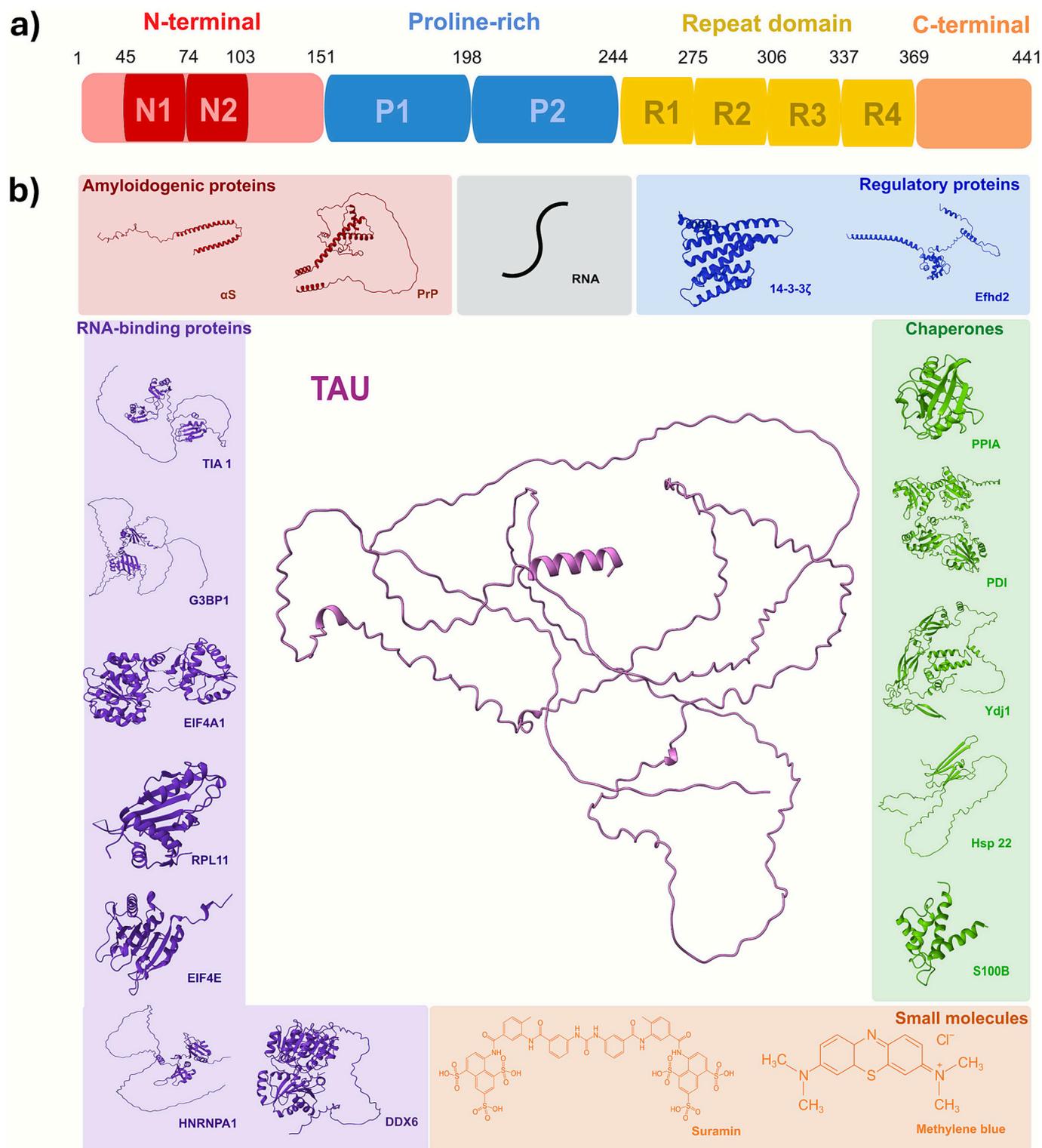


Fig. 1. a) Domains of tau. b) Structures of key heterotypic LLPS partners of tau (AF-P10636-8-F1); RNA, PrP (AF-P04156-F1), α S (PDB:1XQ8), TIA 1 (AF-P31483-F1), G3BP1 (AF-Q13283-F1), EIF4A1 (PDB: 3EIQ), RPL11 (PDB: 4XXB), EIF4E, HNRNPA1 (AF-Q6IPF2-F1), DDX6 (AF-P26196-F1), 14-3-3 ζ (PDB: 1IB1), Efh2 (AF-Q96C19-F1), PPIA (1AK4), PDI (AF-P07237-F1), Ydj1 (AF-A6ZS16-F1), Hsp22 (AF-Q9UJY1-F1), S100B (PDB: 1MQ1), suramin, methylene blue. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

tau oligomers, but not fibrils, cause neurotoxicity when injected into the mouse brain, despite both species being capable of propagating tau pathology [55,56].

The process of LLPS drives the local crowding of tau, raising its concentration well above the threshold required for aggregation. As a result, LLPS has been proposed to serve as a molecular bridge between

physiologically soluble, monomeric tau and its pathological, aggregated forms. The finding that tau undergoes phase separation, first demonstrated *in vitro* [57] and confirmed *in vivo* [58], was a striking addition for understanding the early steps of tau pathology. Tau condensates have been shown to gradually transition into amyloid-like aggregates, indicating LLPS as a potential intermediate step in tau aggregation

[58,59]. Although the precise contribution of LLPS in the pathology of tau still remains under active research, LLPS provides a mechanistic basis for tau accumulation.

Interestingly, tau condensates are not exclusively linked to pathology. In a physiological context, they can recruit tubulin and function as microtubule nucleation sites [60], highlighting potential functional roles of tau phase separation. However, disease-associated phosphorylation of tau has been shown to impair its microtubule-nucleating ability, even though tubulin still partitions into tau condensates [61]. These findings suggest that disease associated modifications, interactions or mutations may disrupt the balance between the functional and pathological roles of tau condensates.

As discussed generally earlier, tau LLPS is mediated by a combination of electrostatic forces, hydrophobic interactions, and thermal modulations [32,57,58,62,63]. The presence of IDRs and sequence-based charge anisotropy, confers tau with a strong propensity for phase separation [64]. High tendency for post-translational modifications and the presence of flexible IDRs, enable tau to adopt multiple conformations allowing interactions with a wide range of binding partners including proteins, nucleic acids and membranes [65]. This versatility of tau in binding diverse partners, together with its ability to undergo LLPS, facilitates its incorporation into different heterotypic systems [62,66,67]. In many of these systems, tau acts as the scaffold component, recruiting client molecules into its condensates and conferring properties distinct from homotypic tau condensates.

Here, we bring together the key systems in which tau undergoes heterotypic phase separation and summarise their effects on tau phase separation and aggregation (Fig. 1b).

2.2. Tau and RNA

The interaction between tau and RNA is among the most extensively studied heterotypic LLPS systems, explored under diverse thermodynamic conditions [32,62,63]. RNA acts as a multivalent binding partner promoting tau assembly and phase separation. Interestingly, the phase separation boundary in the phase diagram of tau:RNA LLPS lies close to physiological conditions, highlighting its potential *in vivo* relevance [68]. The net positive charge of tau at physiological pH and ionic strength facilitates its interaction with negatively charged polyanions such as RNA through long-range, weak, multivalent electrostatic interactions. Consequently, cellular ionic strength is a critical regulator of tau:RNA LLPS. The repeat domain of tau, enriched in positively-charged lysine and arginine residues, exhibits the strongest propensity for RNA association [63].

Zhang et al. were the first to demonstrate that tau undergoes RNA-driven phase separation and that tau binds to RNA in cells [62]. This entropically driven heterotypic condensation maintains a dynamic and disordered structure of tau within condensates. Tau did not undergo any conformational changes upon coacervation with RNA and the resultant condensates were resistant to any change in charge distribution on RNA or disease-associated mutations [66,69]. Najafi et al. showed that tau forms reversible, RNA-mediated condensates with higher viscosity and stability compared to homotypic condensates of tau [32]. Compared to tau LLPS, tau:RNA LLPS is less influenced by hydrophobic interactions and has reduced tendency for percolation into irreversible aggregates [58]. However, other studies revealed that tau:RNA condensates, while being stable and non-percolating, show enhanced higher-order tau accumulation and elevated intracellular seeding potential compared to tau LLPS [70,71]. These observations suggest a balance between two competing forces: (i) increased local tau concentration, which promotes aggregation, and (ii) high-viscosity of the environment which restricts diffusion and slows aggregation kinetics [66]. Nonetheless, the precise behaviour of these systems in the complex cellular context remains to be fully elucidated.

RNase treatment of these heterotypic condensates leads to RNA degradation and dissolution of tau:RNA condensates, underscoring the

essential role of RNA in stabilizing these condensates [72]. Tau:RNA condensates are also involved in microtubule organization. Although RNA reduces the amount of tau directly binding to microtubules, it promotes tau-mediated microtubule bundling by sequestering tubulin into tau:RNA condensates. These condensates scaffold and organize microtubule polymerization through wetting interactions [70].

Phosphorylation is a major post-translational modification for tau, regulated by over 20 different kinases [73]. With more than 80 potential phosphorylation sites, tau becomes more negatively charged and hydrophilic upon phosphorylation [70,74]. Phosphorylation attenuates the overall positive charge of tau and weakens its electrostatic interactions with RNA. But not all phosphorylation sites have the same effect; phosphorylation at serine 262 (S262) enhance coacervation with RNA, whereas phosphorylation at threonine 205 (T205) suppress it [70]. Phosphorylated tau (ptau) tends to undergo LLPS faster than unmodified tau. However in the presence of RNA, both ptau and tau show a similar delay in the formation of condensates [72]. Also, ptau:RNA condensates disassembled at lower salt concentrations and were more sensitive to ionic strength than the unmodified tau:RNA LLPS. While enhancing the stability of ptau condensates, RNA promoted their aging into gel-like states [72].

Together, studies to date indicate that tau:RNA LLPS is less associated with amyloid aggregation than tau LLPS, and both of the systems appear to follow distinct mechanistic pathways [69]. Nevertheless, under certain cellular conditions, these mechanisms may intersect or influence one another. The primary role of tau-RNA coacervation in cells may be to spatially organize tau and its cofactors, potentially facilitating aggregation under permissive conditions without necessarily being a direct driver.

2.3. Tau and amyloidogenic proteins

One of the most intriguing coacervate partners of tau is α -synuclein (α S) and several studies have reported their co-localization [75–78]. α S is an extensively studied protein due to its critical role in the development and progression of PD. The presence of tau aggregates in PD and α S aggregates in AD and other tauopathies indicate overlapping pathological mechanisms [39,79,80]. Siegert et al. were among the pioneers who study that monomeric α S is recruited as a client molecule into tau droplets, as α S showed limited homotypic LLPS under physiological conditions [78]. The recruitment of α S into tau droplets was driven primarily by electrostatic interactions, specifically between the negatively charged C-terminal domain of α S and the positively charged proline-rich P2 region of tau. Interestingly, Gracia et al. showed that α S can also act as a scaffold, forming condensates with positively charged polypeptides and subsequently recruiting tau, including non-LLPS tau mutants [75]. The heterotypic tau: α S LLPS formed dynamic, liquid-like droplets with high electrostatic surface potential due to charge imbalance. These droplets showed a high rate of coalescence into larger condensates to compensate for charge imbalance and exhibited increased resistance to high salt concentrations. Diffusion studies revealed no major effect of α S on tau dynamics upon co-localization [78], although some studies reported that the mobility of both proteins was reduced in comparison to their respective homotypic condensates [75,77]. The maturation of these heterotypic condensates involves a gradual reorganization of their complex protein network, driven by both homotypic and heterotypic interactions. Over time, some tau: α S condensates may undergo valence exhaustion, become gel-like and fusion-incompetent whereas the larger, still liquid-like droplets serve as nucleation sites for amyloid aggregation [75]. ATP acts like a protective agent on these heterotypic condensates by increasing protein dynamics, reducing both tau and α S partitioning into the condensates and solubilizing the proteins. The presence of polyamines also suppresses tau: α S condensation, but, in contrast to ATP, polyamines promote the formation of heterotypic amyloid-like aggregates. Interestingly, α S fibrils, like monomers, can also be incorporated into tau

condensates [78]. However, unlike monomers, fibrils distorted droplet morphology and destabilized the condensates. Collectively, these findings support a biophysical model in which α S accumulates inside tau condensates and forms fibrils that disrupt and deform the tau matrix, potentially leading to their release into the cellular environment.

Human prion protein (PrP) is widely expressed in various organs and tissues, particularly in the central nervous system. Misfolding of PrP leads to a group of fatal and transmissible prion diseases [81]. Elevated PrP levels in AD suggest a potential role for PrP in disease progression [82]. PrP also interacts with A β by acting as a receptor for A β oligomers, and together they synergize with tau to promote synaptic disruption [83,84]. PrP lowers the C_{sat} of tau and gets recruited into the tau condensates via electrostatic interactions [85]. PrP enhances the number of condensates of tau and promotes smaller, more spherical complex coacervates. Stronger tau:PrP interactions within condensates are reflected by slower tau diffusion. These tau:PrP condensates are highly sensitive to RNA concentrations. Increasing RNA levels leads to several multiphase rearrangements in tau:PrP condensates and excess RNA ultimately cause their dissolution. PrP also accelerates the maturation into gel-like state and transition into solid-like co-aggregates and fibrils. The protective role of RNA in dissolving the heterotypic condensates into individual protein monomers warrants further investigation and could be employed to target tau:PrP interactions.

2.4. Tau and RNA binding proteins (RBPs)

RNA-binding proteins (RBPs) bind to RNA through one or multiple RNA-binding domains and play crucial roles in regulating RNA metabolism [86]. Many RBPs associate with RNA via LLPS, leading to the formation of ribonucleoprotein (RNP) granules such as stress granules, P-bodies, germ granules. These RNP granules are essential for various cellular functions, including RNA processing, storage of messenger RNAs (mRNAs), localization of RNAs and RNA degradation [87].

Stress granules (SGs) assemble in the cytoplasm during cellular stress to mediate a pro-survival adaptive response. The formation of SGs helps minimize cellular energy demands, and their disassembly upon stress removal is essential to restore normal cellular metabolism [5,88]. Many protein components of SGs, including TDP-43, TIA-1, PABP-1, and TTP, have been extensively studied and these proteins are often mutated or mislocalized in neurodegenerative diseases [89,90]. Several stress granule proteins exhibit unique interactions with tau and are thus closely associated with AD, with TIA-1 being a prominent example [63,91]. Colocalization of TIA-1 with tau aggregates has been observed in AD, and knockdown of TIA-1 results in suppression of TIA-1 mediated tau aggregation [92–95]. Tau supports the normal cellular functions of TIA1, including its interactions with other RBPs and stress granule formation. In contrast, overexpression of TIA1 promotes tau misfolding and neurodegeneration, while reducing TIA-1 levels mitigates tau toxicity [93].

The heterotypic coacervation of tau with RBPs is strongly influenced by several factors, including the domain structure of the RBPs, the relative concentration of RBPs to tau, electrostatic interactions, thermodynamic factors and the balance between homotypic and heterotypic interaction enthalpy. Among all RBPs studied, TIA-1 exhibits a uniquely potent influence on tau phase separation and aggregation. TIA-1 was the most effective in driving tau phase separation, even in the absence of artificial crowding [71]. TIA-1 driven condensates were smaller but higher in number. Upon heterotypic coacervation with TIA 1, tau showed a reduced mobility and accelerated maturation into a gel-like state [96]. Tau also showed multiphase organization within the condensates. At higher TIA-1 concentration, tau formed concentrated microdomains inside TIA-1 condensates, suggesting that homotypic tau–tau interactions override heterotypic tau:TIA-1 interactions, leading to internal immiscibility. However, these condensates of tau were not toxic even at high concentrations of both proteins.

In the presence of RNA, TIA-1 selectively promoted the formation of

oligomeric tau species [71]. Oligomeric tau has been studied to be more toxic than the fibrillar tau causing numerous neurotoxic effects [55]. TIA-1 together with RNA triggered the formation of oligomers of tau at a faster rate than compared to RNA alone but did not induce the formation of HMW or fibrillar tau species. Interestingly, these oligomers of tau formed in the presence of TIA-1 showed higher toxic effects than the fibrillar forms formed in the presence of RNA alone. However, a parallel study showed that TIA-1 couldn't trigger tau aggregation in the presence of artificial molecular crowders, indicating the influence of environmental factors. Overall, TIA-1 promotes tau phase separation and the formation of toxic oligomeric aggregates, but this process could be sensitive to cellular context, highlighting the need for further investigation.

Among other tested RBPs, G3BP1 was able to recruit condensates of tau in the presence of RNA, but to a lesser extent than TIA-1 [71]. Several other RBPs, including DDX6, HNRNP1, RP11, EIF4A1, and EIF4E, formed heterotypic condensates with tau only in the presence of both RNA and PEG, suggesting that they act as weaker scaffolds. DDX6 showed a concentration-dependent shift in condensate morphology, indicating a dynamic balance between homotypic and heterotypic interactions. HNRNP1 formed distinct microdomains within tau condensates. EIF4A1 exhibited pH-dependent partitioning, driven by changes in net charge and electrostatic interactions.

However, none of these RBPs other than TIA-1 triggered the formation of neurotoxic oligomers or any other accumulations of tau. Hence, the role of these RBPs which co-localize with tau condensates still needs to be explored in the context of tau aggregation.

2.5. Tau and molecular chaperones/regulatory proteins

Molecular chaperones are a diverse group of proteins that regulate essential cellular functions. They assist in protein folding under both physiological and stress conditions, and are therefore critically implicated in the context of neurodegenerative diseases [97,98]. The protective roles of several classical chaperones against neurotoxic protein deposits have been well studied [99]. Notably, Hsp70 has been shown to disaggregate tau fibrils, converting them back into monomers [100]. Recently, chaperones have been recognized for their ability to regulate phase separation, particularly in preventing the transition of protein condensates into solid-like aggregates [101,102]. Several heat shock proteins (Hsp) modulate condensation behaviour of disease-related proteins and protect them against pathological aggregation [101,103]. In this section, we explore how various chaperone and regulatory proteins interact with tau and modulate its phase separation and aggregation behaviour.

Small heat shock proteins (sHsp) are stress-induced chaperones characterized by their low molecular weight and ability to prevent protein aggregation [104]. Hsp22 is one of them and was recruited into the condensates of tau. Hsp22 significantly enhanced the number of smaller condensates [105]. Importantly, Hsp22 significantly slowed the aggregation of tau and prevented its maturation into amyloid-like aggregates.

Another key chaperone, heat shock protein 40 (Hsp40), plays a central role in regulating tau aggregation and has been linked to pathological nucleation events in AD and other neurodegenerative diseases [106]. The yeast homolog of Hsp40, Ydj1, was found to be enriched within tau condensates [107]. Ydj1 promoted tau phase separation at lower critical concentrations, and its interaction with tau is mediated by both electrostatic and hydrophobic forces and results in dense co-condensates. Ydj1 inhibited tau aggregation even at sub-stoichiometric levels. Instead of toxic amyloid fibrils, Ydj1:tau co-condensates formed non-amyloidogenic heterocomplexes. These findings highlight a condensate-mediated chaperone mechanism, in which proteins like Ydj1 enhance tau LLPS while preventing its pathological maturation, offering a promising therapeutic approach.

S100B is a Ca²⁺ binding protein known for its chaperone activity,

particularly in binding to AD proteins and preventing their misfolding [108,109]. The chaperone activity of S100B is regulated by Ca^{2+} and it binds to proteins in a Ca^{2+} -dependent manner. S100B has been shown to interact with tau *in vivo* and inhibit the seeding ability of tau oligomers [109]. Ca^{2+} -bound S100B (Ca^{2+} -S100B) was recruited into tau LLPS and slowed down tau phase separation [110]. In the presence of Ca^{2+} -S100B, a higher level of molecular crowding was required to induce tau LLPS. This inhibitory effect increased with rising concentrations of Ca^{2+} -S100B. In contrast, Ca^{2+} -free S100B had minimal impact on tau LLPS and aligned with the previous study that S100B-tau interaction is regulated by Ca^{2+} levels [109]. Importantly, excess calcium alone did not influence tau LLPS, ruling out a direct role of Ca^{2+} itself. Ca^{2+} -S100B did not alter the internal dynamics of tau after incorporation into condensates. Interestingly, although high-molecular-weight (HMW) tau oligomers formed at early stages, their levels decreased at later time points in the presence of Ca^{2+} -S100B. These findings suggest that Ca^{2+} -S100B acts as a regulator within tau condensates, dampening both condensation and subsequent aggregation processes.

14-3-3 proteins are a family of multifunctional regulatory proteins widely expressed in the central nervous system. They typically interact with target proteins at their phosphorylated sites, and these interactions are crucial in a variety of cellular processes [111]. 14-3-3 proteins have been found to associate directly with tau [112–114] and are present in neurofibrillary tangles (NFTs) in the brains of AD patients [115]. 14-3-3 ζ , one of the seven isoforms, plays a particularly important role in tau regulation. Several studies have shown that 14-3-3 ζ binds tau and enhances its phosphorylation and aggregation *in vitro* [116–118]. 14-3-3 ζ is recruited into condensates formed by both phosphorylated and unphosphorylated tau, interacting with the proline-rich domain (PRD) and the microtubule-binding domain (MTBD) of tau. These co-condensates are stabilized by a combination of hydrophobic and electrostatic interactions [67,119]. 14-3-3 ζ regulated tau LLPS in a concentration-dependent manner, where the droplet number increased initially and then dropped with increasing 14-3-3 ζ concentration. In phosphorylated tau condensates, 14-3-3 ζ reduced molecular mobility, while it had no significant effect on unphosphorylated tau dynamics [67,119]. However, despite being present in the droplets, 14-3-3 ζ did not promote the maturation or aging of these co-condensates. The protective role of 14-3-3 ζ in preventing tau aggregation is context-dependent, influenced by the phosphorylation state of tau and the cellular environment, as has been previously observed in 14-3-3 ζ -mediated regulation of tau aggregation [119,120]. Hence, the exact role of 14-3-3 ζ in LLPS-mediated aggregation of tau is not fully understood and demands further studies.

Protein disulfide isomerase (PDI) is a multifunctional chaperone primarily located in the endoplasmic reticulum (ER), where it plays a crucial role in protein folding, particularly during ER stress [121,122]. PDI binds preferentially to misfolded proteins through hydrophobic interactions and has been implicated in various neurodegenerative diseases, especially AD [123–125]. In AD brains, PDI colocalizes with tau in NFTs and is upregulated in AD mouse models [126,127]. PDI directly interacts with tau, inhibiting its phosphorylation and aggregation [128]. PDI undergoes heterotypic condensation with tau and suppresses phase separation of tau [128]. PDI diminishes the number of condensates and in the resulting co-condensates, PDI enhanced the liquid nature of tau. PDI slows down the maturation of tau condensates into hydrogels or mature fibril filaments. However, S-nitrosylation of PDI, an aberrant modification observed in AD and PD, impairs its protective role. S-nitrosylated PDI fails to be recruited into tau condensates and does not inhibit phase separation. Instead, it is associated with increased formation of tau droplets, hydrogels, and fibrils. This highlights how post-translational modifications of PDI can convert a protective factor into a contributor to tau pathology.

EFhd2 is a highly conserved calcium-binding protein predominantly expressed in the central nervous system and implicated in various pathological conditions, including cancer and neurological disorders

[129]. In AD, EFhd2 colocalizes with pathological aggregated forms of tau and is increasingly detected as neurodegeneration progresses [130,131]. Also, *in vitro* studies demonstrate that EFhd2 promotes tau amyloid formation, suggesting a critical role in AD progression [132]. EFhd2 alone exhibits phase separation in the presence of molecular crowding and in response to calcium ions (Ca^{2+}), forming dynamic liquid condensates. However, in the absence of Ca^{2+} , EFhd2 formed solid-like amorphous aggregates [133]. EFhd2 also modulates LLPS of tau at sub-molar concentrations and in a Ca^{2+} -dependent manner. In the presence of Ca^{2+} , EFhd2 forms co-condensates with tau, whereas without Ca^{2+} , EFhd2 disrupts tau phase separation and together they accumulate into solid-like structures [133]. While the solid-like accumulations of EFhd2 with tau could potentially influence tau's transition toward pathological states, the study does not directly demonstrate this, and the role of EFhd2 in neurodegeneration remains unclear [129].

Peptidyl prolyl isomerases (PPIases) or cyclophilins are a family of molecular chaperones that facilitate protein folding by catalysing the *cis*–*trans* isomerization of proline residues [134]. PPIases are essential for proper protein conformation and function, and have been implicated in a range of pathological conditions, including cancer, neurodegenerative diseases, viral infections, and psychiatric disorders [135–137]. Peptidyl prolyl isomerase A (PPIA) is vital for numerous biological processes, including those linked to neurodegenerative diseases [138,139]. PPIA has been shown to reduce tau aggregation, and high proline content of tau enhances its interaction with PPIA. PPIA is recruited into tau condensates and becomes enriched within them [140]. PPIA does not alter the liquid-like properties or dynamics of tau in co-condensates. However, when added to pre-formed tau droplets, PPIA induces their dissolution, releasing monomeric tau into solution. Although the effects of PPIA on the maturation of tau condensates remain to be fully characterized, these studies suggest a potential chaperone-like role in regulating tau LLPS and preventing pathological aggregation. Given its chaperone-like role in regulating tau aggregation [141], PPIA enzymes represent promising candidates for developing therapies for AD.

2.6. Tau and small molecules

Suramin is a polyanionic compound with broad pharmacological activity and has been used for treating various diseases, including neurodegenerative disorders [142]. Suramin has been previously shown to inhibit the aggregation of amyloidogenic proteins, including A β [143,144]. Suramin strongly enhances tau LLPS, resulting in the formation of larger condensates [145]. Like RNA, suramin interacts electrostatically with tau through its multiple negative charges. Interestingly, suramin disrupts pre-formed tau condensates with RNA and heparin by outcompeting these polyanions for tau binding. Moreover, it inhibits the formation of seeding competent species from tau: suramin condensates and tau:heparin condensates. These findings suggest that suramin may serve as a therapeutic candidate to interfere with tau condensation and its pathological maturation.

Methylene Blue (MB) is a well-known redox-active dye with established clinical applications across various diseases and infections [146]. In the context of neurodegeneration, MB reduces hippocampal amyloid- β levels and inhibits tau aggregation *in vitro* [147,148]. MB directly binds to tau and enhances its phase separation, even in the absence of crowding agents [149]. MB increases droplet turbidity and size and lowers the C_{sat} for LLPS. This modulation of tau LLPS by MB is independent of its redox activity on tau cysteine residues and is instead mediated through electrostatic and hydrophobic interactions. MB significantly reduces the internal dynamics of tau within the condensates, suppresses droplet fusion, and promotes a transition from a liquid-like to a gel-like state. Importantly, MB does not interfere with tau's functional role in tubulin polymerization. While MB-induced condensates mature into non-toxic amorphous aggregates, they deviate tau from forming Thioflavin T (ThT)-positive amyloid fibrils. Thus, MB

protects against pathogenic tau aggregation by redirecting it toward alternative, less cytotoxic pathways.

Table 1 provides an overview of heterotypic LLPS partners of tau discussed in this study. Each system is classified according to the type of LLPS based on the information from original publications. Due to its strong intrinsic phase-separating propensity, tau predominantly functions as the scaffold component driving phase separation in most systems. Depending on their influence on driving tau into toxic aggregates, the interacting partners have been categorized as either drivers or deterrents of tau aggregation.

3. Heterotypic phase separation of α S and the impact on its aggregation

3.1. α S

Parkinson's disease (PD) is a prevalent neurodegenerative disorder characterized by the progressive loss of dopaminergic neurons. The hallmark feature of PD pathology is the aggregation of alpha-synuclein (α S), a presynaptic protein, into Lewy bodies. Genetic mutations and altered expression of the *SNCA* gene, which encodes α S, are the key contributors to disease progression [150–153].

α S is a 140-amino acid protein predominantly expressed in neurons of the central and peripheral nervous system. α S plays crucial roles in synaptic function and neurotransmitter release and is predominantly localized at presynaptic terminals [154,155]. In its native state, α S is inherently disordered, which allows it to interact with various cellular membranes and proteins. However, this structural flexibility can also contribute to its pathological accumulation in neurons. The resultant toxic assemblies disrupt neuronal homeostasis and define a group of disorders known as synucleinopathies [156,157].

The structural properties of α S contribute significantly to its function and role in disease. α S is comprised of three major regions: an N-terminal region involved in membrane binding, a central hydrophobic non-A β component (NAC) region responsible for fibril formation and a flexible C-terminal region [158] (Fig. 2a). α S exists as an unstructured monomer, resistant to fibrillization within healthy neurons [159]. In contrast,

pathological conditions induce a conformational shift toward β -sheet-rich oligomers and fibrils that accumulate into Lewy bodies. These structurally diverse species including oligomers and mature fibrils can interconvert and contribute differentially to toxicity [160]. Increasing evidence implicates prefibrillar oligomers as the primary toxic intermediates mediating pathology primarily through membrane disruption, organelle dysfunction and neuroinflammation [161,162]. Nonetheless, mature fibrils also contribute to toxicity and together with α S oligomers, they drive disease progression [163–167].

Recent studies have highlighted that α S can undergo LLPS, majorly driven by the N terminus and NAC region, to form liquid droplets that may serve as precursors to amyloid fibrils [168–170]. Although α S exhibits relatively low LLPS propensity at physiological pH, the phase separation behaviour of α S was regulated by various PD-associated factors such as local concentration of α S, pH shifts, metal exposure, lipid interactions and mutations [76,171]. Initially, α S droplets show liquid-like properties and undergo a time dependent liquid-to-solid transition, progressively forming rigid, insoluble assemblies enriched in fibrillar and oligomeric species [168]. Fibrillization of α S is accelerated when mediated through LLPS. Conditions that suppress LLPS delay or inhibit α S aggregation, suggesting a potential implications of α S condensation in PD progression [172]. However, some disease-associated α S mutants form fibrils without undergoing LLPS, and fibrils formed under LLPS conditions exhibit structural properties distinct from those formed under non-LLPS conditions [173]. Together, these findings point toward the complex nature of α S phase separation and highlights the need for further investigation within the broader landscape of neurodegenerative diseases.

The presence of large amounts of lipids in Lewy bodies indicates a close association between α S and lipids in PD pathology [174]. α S interacts with lipid membranes through a combination of electrostatic and hydrophobic interactions. The positively charged N-terminal region of α S primarily mediates binding to anionic lipid membranes, leading to partial folding of α S into an amphipathic α -helix. Hydrophobic interactions between the nonpolar face of this helix and the lipid bilayer further stabilize the membrane-bound state of α S. Under physiological conditions, these interactions are important for the normal function of

Table 1
Effect of hetero phase separation on tau aggregation.

Partner	LLPS type	Effect on LLPS	Effect on tau aggregation	Enhance (+) Suppress (-)	References
RNA	tau (scaffold) RNA (client)	Promotes heterotypic LLPS, increases droplet viscosity and stability	Decreases aggregation tendency, context-dependent	+/-	[32,62,63]
α S	both tau and α S can act as scaffolds	Promotes heterotypic LLPS, retains liquid-like state, more resistant to electrostatic screening	Enables nucleation of amyloid aggregation, forms heterotypic aggregates with polyamines	+	[75,77,78]
PrP	tau (scaffold) PrP (client)	Promotes heterotypic LLPS, increases number, forms smaller and more spherical condensates	Accelerates maturation into solid-like fibrils	+	[85]
TIA 1 (RBP)	Cooperative LLPS	Forms heterotypic condensates, increases number, smaller in size	Accelerates gelation, with RNA promotes toxic tau oligomer formation	+	[71,96]
Efh2	Cooperative LLPS	Heterotypic phase separation regulated by Ca ²⁺ , forms dynamic co-condensates with tau	Can trigger formation of solid-like co-aggregates with tau	+/-	[133]
Hsp22 (chaperone)	tau (scaffold) Hsp22 (client)	Hsp22 is recruited into tau LLPS, increases number of condensates	Prevents maturation and inhibits tau aggregation	-	[105]
PDI (chaperone)	tau (scaffold) PDI (client)	Reduce number of condensates, regulated by nitrosylation of PDI	Inhibits tau aggregation, nitrosylation impairs the neuroprotection	-	[128]
14-3-3 ζ (chaperone)	tau (scaffold) 14-3-3 ζ (client)	14-3-3 ζ recruited into tau condensates, concentration-dependent regulation of tau LLPS	No effect on maturation or aging of co-condensates	+/-	[67]
S100B (chaperone)	tau (scaffold) S100B (client)	Slows down tau LLPS	Reduces formation of HMW tau oligomers	-	[110]
Ydj1 (chaperone)	tau (scaffold) S100B (client)	Lowers critical concentration of tau LLPS, enhances phase separation	Forms non-amyloidogenic heterocomplexes	-	[107]
PPIA	tau (scaffold) PPIA (client)	PPIA recruited into tau LLPS, maintains dynamic state of condensates	Dissolves the condensed phase into single mixed phases	-	[140]
Suramin	tau (scaffold) Suramin (client)	Enhances heterotypic LLPS, promotes bigger droplets	Inhibits formation of seed competent tau species	-	[145]
Methylene Blue	tau (scaffold) MB (client)	Binds to tau in condensates, enhances phase separation	Accelerate liquid-to-gel-like transition, redirects tau into less cytotoxic pathways	-	[149]

ALS and FTD pathology [192,193]. Previous studies indicate a direct interaction between TDP-43 and α S. They co-deposit in glial cytoplasmic inclusions and synergistically enhance cytotoxicity [194–196]. α S also interacts with the prion-like domain of TDP-43 (TDP-43PrLD), seeding its aggregation and forming cytotoxic heterofibrils [187]. TDP-43PrLD shows a strong propensity to undergo coacervation with RNA and form highly dynamic condensates. Although, α S alone does not phase separate under these conditions, it was readily recruited into pre-formed TDP-43PrLD–RNA droplets [197]. The interaction between α S and TDP-43PrLD were driven majorly by electrostatic interactions and occurred under cellular conditions as well. α S significantly reduced the liquid-like nature of TDP-43PrLD within the droplet. Together with RNA, α S localized asymmetrically to the droplet surfaces and prevented the coalescence between condensates. α S exhibited low fluorescence recovery at the condensate periphery, indicative of a more solid-like state. α S significantly accelerated fibril nucleation and aggregation within these co-condensates, producing heterotypic fibrils with morphologies resembling both α S and TDP-43PrLD control fibrils. The formation of these heterotypic aggregates suggests a mutual promotion of aggregation between α S and TDP-43, indicating that their co-pathology in neurodegeneration might be mediated by LLPS.

As discussed earlier in this review, PrP undergoes heterotypic condensation with tau. Interestingly, PrP also interacts with α S and similarly forms heterotypic condensates. Several studies have demonstrated that PrP can act as a receptor for α S aggregates, promoting their internalization and enhancing their toxicity [198,199]. The role of PrP in α S pathology appears to be complex and context dependent. While several studies support its involvement in α S propagation and toxicity, others report minimal or no contribution [200,201]. Under physiological conditions, where neither PrP nor α S phase separate on their own, their mixture leads to the spontaneous formation of co-condensates rich in both PrP and α S [202]. These PrP: α S condensates exhibit dynamic liquid-like properties and both proteins showed high mobility within the condensates. The heterotypic condensation is primarily driven by electrostatic interactions and is sensitive to higher stoichiometric mixing. Spatiotemporal organization within the PrP: α S condensates was modulated by RNA, leading to the emergence of multiphasic condensates [202]. Under quiescent conditions, these droplets undergo a gradual liquid-to-solid transition; however, mechanical agitation triggers a rapid conversion into heterotypic amyloid aggregates. Notably, this conversion does not occur under non-LLPS conditions, highlighting the critical role of LLPS in facilitating aggregation. Given that the PrP: α S interaction is highly context dependent, further studies under *in vivo* contexts are needed to explore their LLPS-mediated interaction.

Amyloid beta (A β) is a 39–43 amino acid peptide central to the AD pathogenesis [203]. In humans, A β is produced through sequential proteolytic cleavage of the amyloid precursor protein (APP) by β - and γ -secretases [204], with A β 40 and A β 42 reposed as the most abundant isoforms. Low amounts of A β peptides are present in non-demented individuals and are considered part of normal physiology [205,206]. However, a net balance of A β production and degradation is critical and disruption of A β clearance mechanisms leads to its accumulation and deposition as senile plaques [207]. Under pathological conditions, A β aggregates extracellularly to form amyloid plaques, which, together with NFTs of tau, represent the principal neuropathological hallmarks of AD [208]. An intriguing pathological overlap has been observed between α S and A β . In addition to the characteristic Lewy bodies, A β deposits are frequently detected in PD [209,210]. Furthermore, A β plaques accelerates α S seeding and spreading [211]. Conversely, Lewy bodies are observed in most sporadic AD cases, and α S has been detected as a component of A β plaques [212]. These observations have led to several *in vitro* studies investigating the interaction between α S and A β , and findings show that A β monomers and oligomers drive α S aggregation [213,214] and also form hetero-complexes [215]. Recent studies indicate that A β 40 and A β 42 are recruited into α S condensates [216,217]. Although A β peptides have been reported to undergo LLPS previously

[218–220], within the specified experimental conditions A β peptides did not undergo homotypic LLPS. However, α S alone underwent phase separation under similar conditions, indicating the scaffold nature of α S in driving heterotypic LLPS. While lower concentrations of A β 40 and A β 42 did not affect the phase separation behaviour of α S, higher concentrations inhibited LLPS. Interestingly, a different modulation behaviour for α S LLPS was observed for lower concentrations of A β 40 and A β 42. With α S, A β 42 underwent aggregation and these ThT-positive aggregates promoted phase separation of α S by serving as nucleation points for α S condensates. This led to the formation of a heterotypic system, where A β 42 existed as solid clusters while preserving the dynamic nature of the α S condensates. On the other hand, A β 40 monomers recruited into α S remained homogenous inside α S condensates. A β 40 promoted the number of heterotypic condensates and reduced the size of the condensates. They also showed differentiated effect on the liquid-to-solid transition of α S condensates. While A β 42 does not significantly influence the maturation of α S condensates, increasing A β 40 concentrations promoted the aging and solid-like properties of condensates, thereby triggering the aggregation of α S. Studies using other variants of A β showed that shorter variants like A β 35–25, A β 37 and A β 39 showed a modulation behaviour like A β 40, and longer variants like A β 43 showed similar effects like A β 42. These findings indicate that A β peptides undergo heterotypic LLPS with α S and that most variants promote aggregation of α S.

β -Synuclein (β S) is a member of the synuclein family, sharing 78% sequence homology with α S [221]. β S is found abundantly in the central nervous system and co-localizes with α S at the presynaptic terminals. Despite their structural similarity, β S is considerably less aggregation-prone and is generally considered neuroprotective, counteracting α S aggregation and associated toxicity. Studies have shown that β S inhibits both the initiation and amplification phases of α S aggregation by competitively binding to lipid surfaces and α S fibrils [222–224]. β S, as a client component partitions into α S condensates through electrostatic interactions and co-localizes with α S under physiological and crowded conditions [225]. Notably, α S alone undergoes phase separation under these conditions, whereas β S does not. The presence of β S enhances α S phase separation by increasing the size, number, and liquidity of the condensates. However, contrasting findings suggest that β S can also negatively regulate α S phase separation and reduce condensate fluidity [226]. Despite these opposing effects, both studies support a protective role of β S in modulating α S aggregation *via* LLPS. β S dramatically delayed the tendency of liquid-to-solid transition of the co-condensates and prevented the formation of amyloid fibrils. Yet, emerging evidence indicates that β S may gain toxic properties under pathological conditions. Altered expression levels or disease-associated mutations in β S have been shown to promote the maturation of α S condensates into gel-like, aggregation-prone states [227]. These findings highlight a delicate balance in the modulatory role of β S, which may shift from protective to pathogenic in disease contexts.

S100A9 is a pro-inflammatory protein constitutively expressed by neutrophils, dendritic cells, and monocytes and has been implicated in the pathogenesis of various types of cancer, chronic inflammation, and neurodegenerative diseases [228]. S100A9 is a potential initiator and amplifier of amyloid pathology in PD, primarily through its ability to co-aggregate with α S and significantly accelerate its fibrillation [229]. Both S100A9 and α S independently undergo LLPS under conditions of molecular crowding at physiological pH, forming homotypic condensates. In the case of S100A9, these homotypic condensates often coexist with aggregates. Upon co-incubation of S100A9 and α S, the number of condensates were enhanced and these included S100A9: α S heterotypic condensates, as well as, S100A9 and α S homotypic condensates [230]. The S100A9: α S interaction was driven by a combination of electrostatic and hydrophobic interactions. Within the mixed condensates, S100A9 aggregation is notably suppressed by α S, although it displays uneven, clumped distribution. Conversely, S100A9 strongly promotes α S aggregation, accelerating fibril formation and stabilizing a distinct α S fibril

strain with enhanced seeding capacity. The cellular abundance of S100A9, its upregulation during neuroinflammation, and its propensity to seed α S aggregation collectively suggest that S100A9 may represent a therapeutic target for Parkinson's disease.

3.3. α S and synaptic/disordered proteins

VAMP2 (vesicle-associated membrane protein 2) is a key component of the SNARE (soluble N-ethylmaleimide-sensitive factor attachment protein receptor) complex [231]. VAMP2 mediates the fusion of synaptic vesicles (SVs) with the presynaptic membrane and facilitates exocytosis and plays a pivotal role in neurotransmitter release. α S has been shown to directly bind VAMP2 and regulate SNARE complex assembly [232]. Recent studies have demonstrated that α S undergoes heterotypic condensation with VAMP2 [183], as well as with SVs containing VAMP2 [182]. Under the corresponding experimental conditions, α S forms homotypic condensates, and the presence of VAMP2 significantly lowers the C_{sat} required for α S phase separation. VAMP2 also enhances both the size and number of α S condensates. Within these heterotypic condensates, α S retains high liquid-like mobility, indicating the preservation of a dynamic phase. Importantly, VAMP2 markedly suppresses α S oligomerization upon heterotypic condensation and also inhibits α S fibrillation, highlighting a potential protective role for VAMP2 in α S pathology [182]. Thus, beyond its established function in SV clustering and synaptic transmission [233], VAMP2 may act as a molecular modulator that mitigates the aggregation propensity of α S through LLPS.

Small EDRK-rich factor (SERF) proteins are evolutionarily conserved, highly charged and conformationally dynamic molecules that play a critical role in modulating cellular mechanisms that underpin stress granule formation and protein aggregation [234]. Their intrinsic disorder, driven by extensive intrinsically disordered regions (IDRs), enables them to engage flexibly with a wide range of interaction partners [235]. SERF proteins have been directly implicated in modulating the aggregation of amyloidogenic proteins [236–238]. Specifically, SERF binds to α S in the cytoplasm, generating SERF/ α S complexes [237]. SERF competes with the protective intramolecular interactions within α S and promote the nucleation of α S aggregates [239,240]. SERF undergoes electrostatically driven homotypic LLPS forming dynamic condensates both *in vitro* and *in vivo*. Although α S alone does not phase separate under these conditions, it is readily recruited into pre-formed SERF condensates, resulting in the formation of larger and denser heterotypic droplets [241]. Interestingly, as these condensates mature, α S shows a dramatic reduction in fluorescence recovery, suggesting a transition to a solid-like state, whereas SERF retains its mobility. Over time, SERF exits the condensates, leaving behind solidified α S. This colocalization significantly accelerates the formation of ThT-positive aggregates. Notably, while SERF promotes α S fibril formation, it simultaneously suppresses the accumulation of toxic oligomeric intermediates. By redirecting aggregation toward less harmful fibrillar forms, SERF reduces α S-induced cytotoxicity, underscoring its dual role as both a pro-amyloid modulator and a mitigator of oligomer toxicity.

Synapsin proteins are integral to several functions in neuronal physiology, particularly in the assembly of SVs and regulation of neurotransmitter release [242]. Phase separation underlies SV organization, and synapsins have been shown to form liquid-like condensates *in vitro* that incorporate liposomes mimicking SVs [243]. Dysregulation of synapsin activity has been implicated in several neurological disorders [244]. In the context of PD, synapsin and α S are co-dysregulated and co-deposited, and synapsin knockout has been shown to reduce α S aggregation and toxicity [245,246]. Recent studies demonstrate that α S is recruited into synapsin1 condensates at synapses, where synapsin functions as the scaffold and α S as the dynamic client partner [181]. Importantly, excess α S disrupts synapsin condensate formation, potentially interfering with the organization of synaptic vesicles and contributing to early synaptic dysfunction. Current studies lack

information on the role of synapsin in aggregation of α S *via* heterotypic LLPS. While the precise role of synapsin in modulating α S pathology remains incompletely understood, the findings point to a delicate stoichiometric balance between the two proteins that may be critical for maintaining synaptic integrity.

3.4. α S and polyphenols/small molecule modulators

Myricetin is a naturally occurring flavonoid within the broader class of polyphenolic compounds, widely distributed in fruits, vegetables, nuts, and plant-derived beverages [247]. Myricetin exhibits a broad spectrum of biological activities, including antioxidant, antiviral, anti-diabetic, anti-inflammatory, and neuroprotective effects. Notably, myricetin confers neuroprotection by mitigating oxidative stress [248] and inhibiting the aggregation of several amyloidogenic proteins implicated in neurodegenerative diseases, including A β [249], α S [250], insulin and superoxide dismutase 1 [251,252]. Myricetin directly binds to the N-terminal region of α S which is critical for oligomerisation and thereby suppresses oligomer formation [250,253]. Upon heterotypic condensation with α S, myricetin did not alter the morphology, number, or size of α S condensates, but slightly reduced the dynamics of α S within the co-condensates [254]. Importantly, myricetin inhibited the liquid-to-solid transition of α S condensates and blocked amyloid fibril formation in a dose-dependent manner. Moreover, it demonstrated the ability to dissolve pre-formed α S aggregates, underscoring its therapeutic potential.

Curcumin, a natural polyphenolic compound derived from the rhizome of *Curcuma longa* (turmeric), is increasingly recognized for its broad therapeutic potential, particularly in chronic inflammatory and neurodegenerative disease [255,256]. Curcumin exhibits potent antioxidant, anti-inflammatory, and neuroprotective activities [257,258]. In the context of α S pathology, curcumin enhances the solubility of α S monomers and inhibits aggregation by binding preferentially to oligomeric and fibrillar species, thereby reducing their toxicity [259–261]. α S undergoes heterotypic condensation with curcumin, where curcumin associates primarily with hydrophobic regions of α S within the condensates [262]. Curcumin does not alter the morphology, size, or number of α S condensates but reduced the initial dynamics of α S in the condensates. However, curcumin slows the liquid-to-solid maturation, and significantly inhibits fibril formation, effectively disrupting α S aggregation. Strikingly, curcumin is also capable of disassembling pre-formed α S amyloid fibrils, likely through intermediate condensate states. Furthermore, it exhibits similar inhibitory effects on PD-associated α S mutants. The effect of curcumin on α S LLPS closely mirrors that of myricetin, suggesting that small polyphenolic molecules can modulate α S phase behaviour and aggregation.

Peptide-based molecular strategies to inhibit protein misfolding, aggregation, and neurodegeneration represent a rapidly advancing frontier in therapeutic research. Owing to their structural versatility, high specificity, and potent bioactivity, peptides can be precisely engineered to target pathological protein conformations, offering innovative avenues for intervention [263,264]. The RaPID (Random Non-standard Peptides Integrated Discovery) system is a platform for identifying such therapeutic candidates, particularly against amyloidogenic targets [265,266]. Using this system, two peptides FL2 and FD1 were identified that selectively bind to fibrillar states of α S. These peptides induced LLPS with α S in the presence of molecular crowding [267]. The phase separation was concentration-dependent on both peptide and α S, and the resulting condensates displayed hallmark properties of fluid phases, including reversibility, fusion behaviour and surface wetting. Binding of the peptides to α S occurred *via* weak interactions or site-specific contacts. Interestingly, although peptide-induced LLPS facilitated nucleation by reducing the lag phase of aggregation, it concurrently promoted the formation of hydrophobic, non-amyloidogenic pre-fibrillar aggregates, inhibited seeded fibril elongation, and reduced the overall fibril load. Thus, by locally concentrating α S within condensates, these

peptides exert a dual modulatory effect enhancing early nucleation while potentially blocking downstream amyloid formation and misfolding.

Spermine is a naturally occurring polyamine that plays critical roles in a wide range of biological processes, including cellular growth, differentiation, gene regulation and stress responses. Dysregulation of the polyamine metabolic pathway has been implicated in the pathogenesis of neurodegenerative disorders [268,269]. Biogenic polyamines are abundant in neurons and modulate the aggregation of amyloidogenic proteins. They exert differential effects on protein aggregation depending on their net charge, molecular length, and concentration, and have been shown to promote the aggregation of both α S [270] and A β [271]. Under molecular crowding conditions, spermine forms heterotypic condensates with α S *via* electrostatic interactions [76]. Notably, neither α S nor spermine alone, nor their individual combinations with PEG, underwent LLPS under these conditions. Rodríguez et al. reported that α S:spermine condensates mature into mesh-like aggregates that lack β -sheet structure [76]. This heterotypic condensation is further modulated by ATP, which promotes droplet solidification and aggregation of α S. Together, these observations indicate that upon heterotypic LLPS, spermine drives α S condensation and aggregation, with ATP further accelerating condensate maturation.

The various heterotypic LLPS partners of α S discussed above are summarized in Table 2. Each system has been classified according to the type of LLPS, based on information reported in the original publications. α S can function either as a scaffold or as a client within these condensates and this can be influenced by α S concentration and various experimental conditions used in respective studies. Furthermore, depending on their influence on the formation of toxic α S assemblies, the interacting partners have been categorized as drivers or deterrents of α S aggregation.

4. Quadrant plot summary

In this review, we brought together the heterotypic phase separation

partners of tau and α S. Fig. 3(a) and (b) show the discussed phase separation partners of tau or α S in a quadrant plot. Each partner is positioned in the plot based on its effects on two aspects: (i) phase separation, as judged by the physical properties of heterotypic condensates, including number, size, and fluidity, and (ii) protein aggregation, encompassing the kinetics of maturation, progression into aggregates, and the toxicity of the resulting aggregates.

From the plots, it is evident that most amyloidogenic proteins that co-phase separate with tau or α S tend to enhance LLPS and the subsequent aggregation. This effect aligns with the observed co-pathology of these proteins in several neurodegenerative diseases. For tau, many molecular chaperones appear to suppress aggregation. Interestingly, this suppression does not necessarily equate to inhibition of phase separation. Rather, these chaperones often direct tau condensates toward less amyloidogenic pathways. Proteins like Efh2 and 14-3-3 ζ were not included in the tau plot due to limited data regarding their role in LLPS-mediated tau aggregation. In contrast, phase separation with molecular chaperones is less studied in the case of α S, likely due to the inherently low phase separation tendencies of both α S and chaperones. Polyphenolic compounds have shown promise in inhibiting α S aggregation *via* LLPS mechanisms. Further exploration of similar small molecules against tau could present new opportunities to slow or prevent neurodegeneration. Peptide-based therapeutic strategies have demonstrated the potential to enhance the fluid properties of α S condensates while preventing their maturation into fibrils. These approaches could serve as valuable interventions at specific intermediate stages of the aggregation process. β S, although excluded from the quadrant due to its unclear role in phase separation, effectively inhibits α S aggregation and holds promise as a therapeutic agent due to its endogenous origin and favourable cellular distribution. These findings collectively underscore the potential of targeting heterotypic phase separation as a therapeutic strategy in neurodegenerative diseases.

Table 2
Effect of hetero phase separation on α S aggregation.

Partner	LLPS type	Effect on LLPS	Effect on α S aggregation	Enhance (+) Suppress (-)	Reference
TDP-43 (prion-like domain)	α S (client) TDP-43 (scaffold)	α S localized at droplet surfaces, reduces dynamics of TDP-43 condensates	Accelerates amyloid formation, forms heterofibrils	+	[197]
A β	α S (scaffold) A β (client)	Concentration-dependent modulation. A β 42 aggregates acts as nucleation sites for α S LLPS, A β 40 enhance the number of smaller α S:A β 40 condensates	Increasing A β 40 concentrations promoted the aging and solid-like properties of condensates	+	[216,217]
β S	α S (scaffold) β S (client)	β S is recruited into α S condensates, can enhance or suppress phase separation	Blocks aggregation of α S	-	[225,226]
PrP	Cross interaction driven LLPS	PrP formed highly dynamic heterotypic condensates with α S	Rapid formation of heterotypic aggregates under agitation	+	[202]
S100A9	Cooperative LLPS	Promote formation of heterotypic droplets	Enhances aggregation and fibril formation.	+	[230]
Synapsin	α S (client) Synapsin (scaffold)	α S recruited into synapsin condensates, α S retains mobility.	No direct aggregation effects; excess α S disrupt condensates and causes synaptic dysfunction	+/-	[181]
SERF	α S (client) SERF1 (scaffold)	Promotes heterotypic LLPS, increases droplet size and density	Reduces oligomer-mediated toxicity of α S	-	[241]
FL2/FD1 (de-novo peptides)	Cross interaction driven LLPS	Drives heterotypic LLPS, enhance fluid characteristics of condensates	Reduces the overall fibril mass	-	[267]
Myricetin	α S (scaffold) Myricetin (client)	Does not affect initial condensate formation, reduces α S dynamics	Delays liquid-to-solid phase transition, blocks α S fibril formation, disassemble pre-formed amyloids	-	[254]
Curcumin	α S (scaffold) Curcumin (client)	Recruited into α S condensates, reduces α S fluidity	Delays liquid-to-solid like transition, inhibits amyloid aggregation	-	[262]
VAMP2	α S (scaffold) VAMP2 (client)	Promotes heterotypic LLPS, increases size and number of condensates	Prevents α S aggregation	-	[183]
Spermine (Sp)	α S (client) Sp(scaffold)	Promotes heterotypic condensation with α S	Accelerates fibrillization of α S	+	[76]

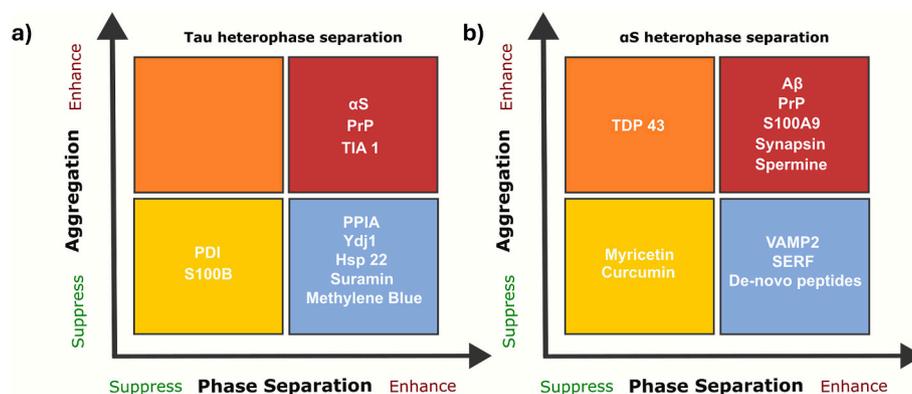


Fig. 3. Quadrant plot showing the effect of different heterotypic LLPS partners on a) tau and b) α S.

5. Concluding remarks and future perspectives

In summary, heterotypic phase separation emerges as a pivotal mechanism modulating the aggregation behaviour of key neurodegenerative proteins including tau and α S. Our review highlights that heterotypic condensates formed through interactions with diverse partners can either enhance or suppress pathological aggregation, revealing a complex regulatory network within biomolecular condensates.

The interplay between scaffolds and clients within these condensates dictates the condensate properties and aggregation propensity. Moreover, the presence of cofactors and post-translational modifications can further modulate condensate dynamics and aggregation pathways, emphasizing the multifactorial control of protein homeostasis *via* phase separation.

Looking forward, a deeper mechanistic understanding of the molecular determinants governing heterotypic phase separation will be critical. Key challenges remain in investigating how these condensates transition from functional assemblies to pathogenic aggregates *in vivo*. Advanced biophysical techniques, combined with cellular and animal models, will be essential to elucidate the temporal dynamics and structural features of heterotypic condensates.

Recent studies have advanced our understanding of the structural features that underlie LLPS in protein aggregation [272]. These structural characterizations have identified key regions and interaction motifs that contribute to phase separation. However, they do not yet provide sufficient insight to fully explain the molecular principles governing the formation and specificity of homotypic *versus* heterotypic condensates on an atomic level.

Studies have revealed that heterotypic condensation can induce structural variations in aggregates, such as the formation of heterofibrils between TDP-43PrLD and α S [197]. However, most of the studies provide limited information regarding the functional consequences of these aggregates, including their toxicity and seeding capacity. As a result, the impact of heterotypic condensation on aggregate properties and protein function remains largely unexplored.

Future research should also explore the therapeutic potential of modulating heterotypic phase separation. Targeting specific interaction interfaces or modulating condensate properties could provide novel strategies to prevent or reverse aberrant aggregation in neurodegenerative diseases. Overall, embracing the complexity of heterotypic phase separation offers promising avenues for understanding and ultimately intervening in progression of neurodegenerative diseases.

CRedit authorship contribution statement

Tina Jacob: Writing – original draft, Visualization, Investigation, Formal analysis, Conceptualization. **Wolfgang Hoyer:** Writing – review & editing, Supervision, Funding acquisition.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Data availability

No data was used for the research described in the article.

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