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## ARTICLE OPEN



# Abl depletion via autophagy mediates the beneficial effects of quercetin against Alzheimer pathology across species

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Alzheimer's disease is the most common age-associated neurodegenerative disorder and the most frequent form of dementia in our society. Aging is a complex biological process concurrently shaped by genetic, dietary and environmental factors and natural compounds are emerging for their beneficial effects against age-related disorders. Besides their antioxidant activity often described in simple model organisms, the molecular mechanisms underlying the beneficial effects of different dietary compounds remain however largely unknown. In the present study, we exploit the nematode *Caenorhabditis elegans* as a widely established model for aging studies, to test the effects of different natural compounds in vivo and focused on mechanistic aspects of one of them, quercetin, using complementary systems and assays. We show that quercetin has evolutionarily conserved beneficial effects against Alzheimer's disease (AD) pathology: it prevents Amyloid beta (A $\beta$ )-induced detrimental effects in different *C. elegans* AD models and it reduces A $\beta$ -secretion in mammalian cells. Mechanistically, we found that the beneficial effects of quercetin are mediated by autophagy-dependent reduced expression of Abl tyrosine kinase. In turn, autophagy is required upon Abl suppression to mediate quercetin's protective effects against A $\beta$  toxicity. Our data support the power of *C. elegans* as an in vivo model to investigate therapeutic options for AD.

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## INTRODUCTION

Aging is a complex biological process concurrently shaped by genetic, dietary and environmental factors [1]. The aging process is characterized by progressive accumulation of damage to intracellular structures with consequent decline of different physiological functions leading to time-dependent increase in frailty and probability to die. The aging population of the industrialized world has exponentially grown in the last few decades thanks to the extension of the average human lifespan. Despite being a positive trend, this is unfortunately also associated with the increased appearance of different comorbidities and disabilities, which represent a huge economic and societal burden. Aging is therefore considered one of the most important risk factors for the development and progression of different disorders and there is an urgent need to understand its underlying molecular mechanisms to develop targeted strategies to delay or prevent the occurrence of age-associated pathologies. Alzheimer's disease (AD) is the most common age-associated neurodegenerative disorder and the most frequent form of dementia in our society [2]. AD is ascribed to the accumulation of toxic A $\beta$  peptide, which derives from pro-amyloidogenic proteolytic processing cleavage of the amyloid precursor protein (APP). APP

is synthesized as an immature precursor protein (iAPP) and the following post-translational modification (e.g., glycosylation, phosphorylation) influence its consequent intracellular distribution. Mature APP (mAPP) is a transmembrane protein with the C-terminus located in the cytosol and its N-terminus in the lumen of different cellular vesicular compartments or in the extracellular space. mAPP can follow anti- or pro-amyloidogenic processing depending on whether it is initially cleaved by  $\alpha$ - or  $\beta$ -secretase respectively, leading to the formation of soluble N-terminal (APP $\alpha$  and APP $\beta$ ) and membrane C-terminal (APP-CTF $\alpha$  and APP-CTF $\beta$ ) fragments. The first cleavage is then followed by an additional cleavage of APP-CTF $\alpha$  and APP-CTF $\beta$  by the  $\gamma$ -secretase, which ultimately leads to the production of either p3 or A $\beta$  in the extracellular milieu or vesicles' lumen, and to the APP intracellular domain (AICD) in the cytosolic compartment [3, 4]. Therefore, the amount of secreted A $\beta$  peptide is a very sensitive readout correlating with disease pathology and it represents an important endpoint to evaluate the potential protective or detrimental properties of interventions for AD pathogenesis. AD has been primarily ascribed to accumulation of A $\beta$ -fibrillar plaques in the brain but accumulating evidence are also revealing neuronal damage due to intracellular A $\beta$  peptides and oligomeric deposits [5].

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Thus, while in the past most therapeutic strategies were revolved towards prevention of APP pro-amyloidogenic cleavage and A $\beta$  aggregation, additional strategies nowadays point towards shifting the oligomeric to fibrillar forms to prevent their toxic effects [6, 7].

In the last 50 years, also thanks to the exponential growth of research exploiting simple but powerful model organisms as more feasible alternatives to primate longevity studies, our knowledge of molecular mechanisms underlying the aging process has enormously improved [8, 9]. An emblematic example is represented by the nematode *Caenorhabditis elegans*, that, thanks to its short lifespan and evolutionarily conserved genome, metabolic and signaling pathways, became instrumental for aging research leading to the identification of most genes and interventions nowadays known to modulate the aging process [10, 11]. Different *C. elegans* strains overexpressing human pathogenetic A $\beta$  peptide under muscle or neuronal specific promoters have been generated and are extensively used as alternative and powerful AD models to unravel molecular mechanisms underlying A $\beta$  toxicity as well as for preclinical testing of potential therapeutics [12–14]. Besides classical pharmacological approaches, nutraceuticals and plant-derived natural compounds are raising interest for their potential beneficial, pro-health effects especially against chronic diseases and aging. A vast literature indicated beneficial roles for specific food components (e.g., resveratrol, curcumin, spermidine) on age-related disorders such as cancer, diabetes or cardiovascular diseases and demonstrated their pro-longevity effects in simple model organisms such as *C. elegans*. The protective effects of these natural polyphenols have been in many cases ascribed to their antioxidant activity. Moreover, induction of autophagy, a key process for the recycling of old or damaged cellular components, has been also in some cases identified as a common denominator of the protective effects of dietary interventions [15–19]. Besides their antioxidant and pro-autophagic role, little is known about more precise molecular mechanisms underlying natural compounds pro-health effects.

Here, we exploited well-established *C. elegans* models for AD to test the beneficial effects of different natural compounds in vivo and focused on mechanistic aspects of one of them, quercetin, using complementary systems and assays. We found that quercetin has evolutionarily conserved beneficial effects against AD pathology: it prevents A $\beta$ -induced detrimental effects in the different *C. elegans* AD models and it reduces A $\beta$ -secretion in mammalian cells. Mechanistically, an unbiased transcriptomics approach revealed phosphorylation/dephosphorylation-related processes are over-represented in quercetin treated animals. Of note, we found that reduced expression of Abl tyrosine kinase mediates the beneficial effects of quercetin and protects against A $\beta$ -induced toxicity in *C. elegans*. Importantly, we showed that Abl expression is reduced by quercetin in cellular models of AD in an autophagy-dependent manner. Accordingly, suppression of autophagy prevented the beneficial effects of quercetin against A $\beta$ -induced toxicity in *C. elegans* only in the presence of Abl. Moreover, we found autophagy is also required to mediate the beneficial effects of Abl suppression against A $\beta$  toxicity. Overall, we demonstrate that quercetin has a protective activity against AD pathological features across species and suggest a positive feedback loop between Abl depletion and autophagy induction underlies its beneficial effects. Moreover, our data support the power of *C. elegans* as an in vivo model to investigate therapeutic options for Alzheimer disease.

## RESULTS

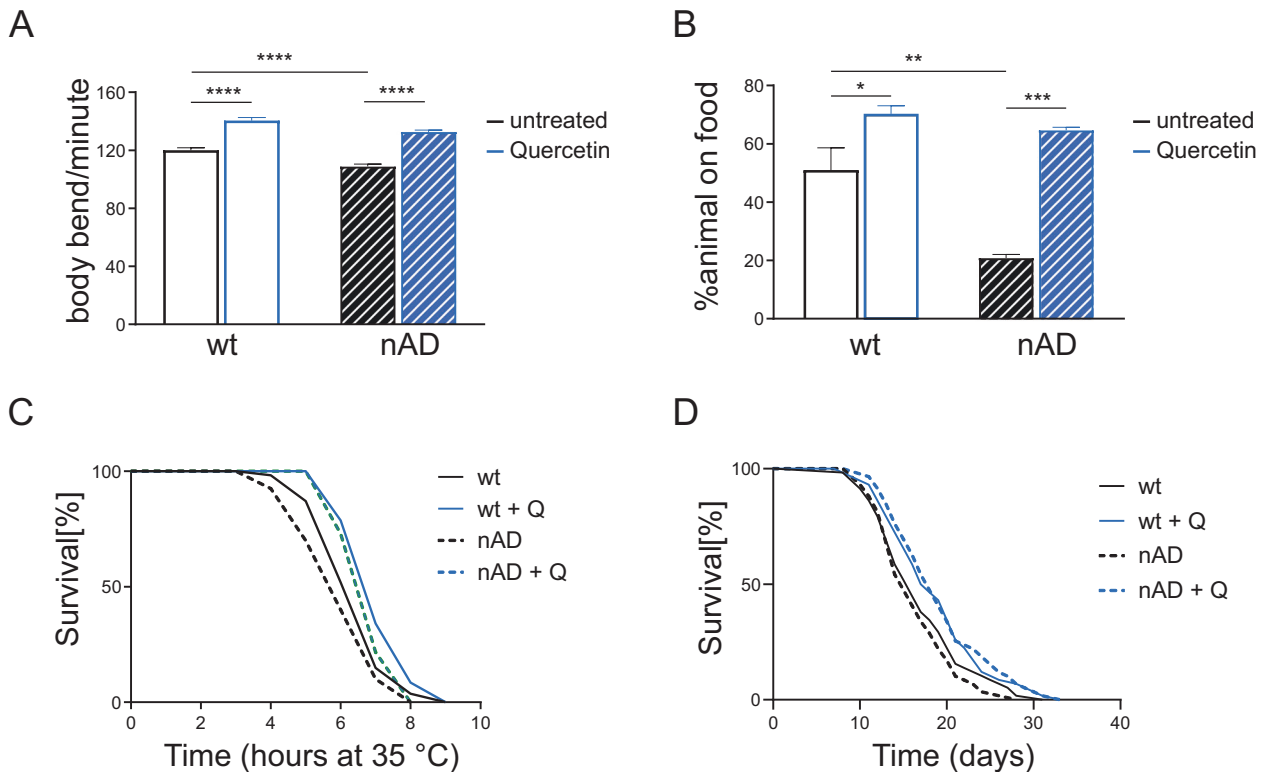
### Quercetin promotes healthspan and protects against A $\beta$ -induced pathology in *C. elegans*

Plant-derived compounds, such as polyphenols and carotenoids, are emerging as promising and very feasible dietary interventions

to promote healthy aging and delay the development and progression of different age-associated disorders [18, 19]. Yet, the underlying molecular mechanisms beyond their beneficial effects are still poorly characterized. The nematode *C. elegans* offers the unique opportunity to gain insight into compounds' mode of action in a multicellular system in vivo and it is widely used for dietary intervention studies. Moreover, there exist well-established *C. elegans* models to study the toxic effects of aggregation prone proteins, including A $\beta$  [3, 14], and polyphenols were already shown to protect against paralysis induced by overexpression of human amyloid-beta A $\beta$ <sub>1–42</sub> under muscle specific promoter [20–22] (a strain which we will refer to as mAD in this study). Here we used a *C. elegans* strain expressing human A $\beta$ <sub>1–42</sub> under a pan neuronal promoter [23] (which we will refer to as nAD in this study) to test the protective effects of two flavonoids, quercetin and epigallocatechin gallate (EGCG), and of two carotenoids, lutein and lycopene. Compared to wild-type (wt) animals, A $\beta$ -neuronal expression significantly reduced neuromuscular activities, such as body bends and attraction to food (Fig. 1A, B, black bars), the latter being much more dramatically affected than animal movement, likely reflecting the additive negative effects of A $\beta$  accumulation in motor and sensory neurons. Moreover, compared to wt, nAD animals were more sensitive to stress (Fig. 1C, black lines; Table 1), but, differently from other findings [23], we did not observe differences on lifespan between the two *C. elegans* strains (Fig. 1D, black lines; Table 2). Interestingly, while compounds feeding from embryos improved motility to the same extent in both wt and nAD strains (Fig. 1A; Fig. S1A), these increased attraction to food primarily in the A $\beta$  overexpressing animals (Fig. 1B; Fig. S1B). This may indicate a specific protective effect in certain type of neurons only in the compromised background. Of note, while quercetin significantly increased lifespan and heat-shock resistance to a similar extent in wt and nAD strains (Fig. 1C, D; Tables 1, 2), the other compounds mainly improved these parameters in the A $\beta$ -overexpressing strain, at least in the conditions used in this work (Fig. S1C–F; Tables 1, 2). These results indicate that while all compounds display protection against A $\beta$  overexpression (i.e., attraction to food, Fig. S1G), quercetin also promotes more general or systemic beneficial effects irrespective of genetic background and/or neuronal damage (i.e., lifespan, Fig. S1H). The beneficial effect of quercetin against different type of stressors and aging has been recognized in different model organisms [24–26], but its protection against age-associated neuropathologies has not been actively investigated and we therefore selected it for follow up studies in this work.

### Quercetin treatment and Abl depletion similarly impact on phosphorylation-related processes

Quercetin is a plant-derived flavonoid belonging to polyphenol family and it is primarily found in many types of vegetables and fruits. In search of pathways modulated by quercetin which could mediate its beneficial effects we compared the gene expression profile of untreated wt animals with that of animals treated with pro-longevity doses of quercetin. Gene ontology analysis of the 568 genes significantly modulated by quercetin, revealed that phosphorylation and dephosphorylation processes, as well as processes associated with misfolded protein responses are among the top 20 most represented terms (Fig. 2A). Loss of protein homeostasis is one of the hallmarks of the aging process [1] and phosphorylation is one of the most common post-translational modifications to regulate protein turnover and activity. Accordingly, the expression or activity of different kinases is affected during aging and in age-associated neurodegenerative disorders [27–29]. Of note, Abl tyrosine kinase was found aberrantly upregulated in AD and its inhibition was shown to provide beneficial effects in different AD models [30–32]. We thus hypothesized quercetin protection against A $\beta$  toxicity may be



**Fig. 1** Quercetin promotes healthspan and protects against A $\beta$ -induced pathology in *C. elegans*. **A** Body bends for minute in liquid media, of neuronal A $\beta$ -expressing (nAD) and control (wt) worms left untreated or treated with Quercetin [100  $\mu$ M], bar graph represents mean  $\pm$  SEM ( $N = 2$ ,  $n = 60$ ), \*\*\*\* $P < 0.0001$  calculated with 2-way ANOVA (Tukey's multiple comparisons test). **B** Percentage of 7 days old nAD and wt animals on the food 2 h after, from seeding them on the test plates, left untreated or treated with Quercetin [100  $\mu$ M]. Bar graph represents mean  $\pm$  SEM ( $N = 3$ ,  $n \geq 100$ ), \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ , calculated with 2-way ANOVA (Tukey's multiple comparisons test). **C** Survival curves in response to heat shock of nAD and wt worms treated as **A**, see Table 1 for statistics. **D** Lifespan curves of wt and nAD animals treated as **A**, see Table 2 for statistics.

mediated by Abl modulation. To address this possibility, we first analyzed the gene expression profile of an available *C. elegans* *abl-1* (*ok171*) mutant strain in search of a common transcriptomic signature induced by quercetin treatment and Abl depletion. The analysis of significantly modulated genes and gene ontology processes revealed a completely different pattern of gene expression in *abl-1* mutants compared to quercetin treated wild-type animals (Fig. 2A, B), which indicates a role for ABL-1 in defense and immune response against external agents. Yet, we found 171 genes (157 up and 14 down) in common between the two conditions enriched in phosphorylation-related pathways (Fig. 2C), and, for the most part, regulated in the same direction (Fig. 2D; Table 3). This analysis indicates that while quercetin treatment and Abl depletion impact on different intracellular processes, they also act through, or converge on, commonly regulated genes, suggesting quercetin may indeed promote beneficial effects via Abl suppression.

#### Abl suppression mediates the beneficial effects of quercetin against A $\beta$ -induced pathology

We then addressed whether Abl suppression could indeed have, similar to mice [30], a protective role in *C. elegans* AD models. As described above, overexpression of neuronal A $\beta$  decreases animals' resistance to heat shock (Fig. 3A–C, survival time at 35 °C; Table 1) and locomotion activity (Fig. 3D–F, number of body bends/min). Remarkably, we found that pharmacological inhibition of the *C. elegans* Abl homolog, ABL-1, with imatinib (STI) or its genetic depletion via silencing (*abl-1* RNAi) or knock-out (*abl-1* KO), significantly improve survival upon heat-shock (Fig. 3A–C; Table 1) and locomotion activity (Fig. 3D–F) in the nAD strain.

Moreover, according to a previous study (which used a strain expressing A $\beta$  under a different neuronal promoter [33]), we showed here that neuronal A $\beta$  overexpression sensitizes animals to serotonin-induced paralysis and, most importantly, this defect is also rescued by pharmacological or genetic suppression of *abl-1* (Fig. 3G–I; Table 4). It is worth noting that *abl-1* suppression had negligible effects in the control strain not expressing A $\beta$ , on stress resistance, locomotion or serotonin-induced paralysis (Fig. 3A–I; Tables 1, 4). Importantly, we found that genetic ablation of *abl-1* reduces neuronal A $\beta$  aggregation with aging. Strikingly, this occurred in the IL2 neurons, a subset of head neurons, which mark the onset of A $\beta$  fibril formation, spreading and pathology [34] (Fig. S2A–E).

To further investigate the protective effect of Abl suppression against AD pathology, we then looked at another neuronal readout affected by A $\beta$  toxicity. Namely, expression of human A $\beta$  under a muscle specific promoter was previously shown to impair animals' sensing and habituation (learning) ability [35]. Consistent with previous findings we observed that wild-type animals have normal chemosensory function (AWA neurons-mediated attraction towards benzaldehyde) suppressed after training with pre-exposure to the same compound (Fig. 3J–L, first two black bars). Instead, we found that similar to muscle A $\beta$  expression also neuronal A $\beta$  expression significantly impaired animals' chemotaxis index and completely abolished their learning ability (Fig. 3J–L, compare wild-type and AD black bars). Pharmacological suppression of Abl activity with STI did not affect animals' basal chemotaxis or learning activity in the wild-type strain while its genetic depletion had a mild but significant impact (Fig. 3J–L, compare pink and black plain bars). Strikingly, Abl suppression

**Table 1.** Heat shock summary.

|            | Strain                      | Treatment              | Mean Survival (h) | Standard Error | <i>P</i> vs untreated <sup>a</sup> | <i>P</i> vs wt | Total/Censor | <i>N</i> |
|------------|-----------------------------|------------------------|-------------------|----------------|------------------------------------|----------------|--------------|----------|
| Fig. 1C    | GRU101 (wt)                 | -                      | 6.9               | 0.1            |                                    |                | 52/15        | 3        |
|            |                             | Quercetin [100 µM] (Q) | 6.1               | 0.2            | 0.04                               |                | 49/15        | 3        |
|            | GRU102 (nAD)                | -                      | 6.9               | 0.1            |                                    | ns             | 48/12        | 3        |
|            |                             | Quercetin [100 µM] (Q) | 7.4               | 0.2            | 0.04                               | 0.03           | 52/15        | 3        |
| Fig. 3A    | GRU101 (wt)                 | -                      | 7.1               | 0.3            |                                    |                | 34/5         | 3        |
|            |                             | Imatinib [1 µM] (STI)  | 7.9               | 0.3            | 0.03                               |                | 33/6         | 3        |
|            | GRU102 (nAD)                | -                      | 5.7               | 0.3            |                                    | 0.01           | 34/2         | 3        |
|            |                             | Imatinib [1 µM] (STI)  | 7.1               | 0.3            | 0.01                               | ns             | 32/4         | 3        |
| Fig. 3B    | NV48 (wt)                   | -                      | 7.2               | 0.2            |                                    |                | 48/4         | 4        |
|            |                             | <i>abl-1</i> RNAi      | 7.5               | 0.2            | ns                                 |                | 52/4         | 4        |
|            | NV49 (nAD)                  | -                      | 6.4               | 0.2            |                                    | 0.03           | 53/2         | 4        |
|            |                             | <i>abl-1</i> RNAi      | 6.9               | 0.2            | ns                                 | ns             | 59/3         | 4        |
| Fig. 3C    | NV48 (wt)                   | -                      | 7.1               | 0.3            |                                    |                | 45/9         | 4        |
|            | NV50 ( <i>abl-1</i> KO)     | -                      | 6.3               | 0.3            |                                    | 0.01           | 51/7         | 4        |
|            | NV49 (nAD)                  | -                      | 5.7               | 0.3            |                                    | 0.002          | 44/2         | 4        |
|            | NV51 (nAD; <i>abl-1</i> KO) | -                      | 6.3               | 0.3            |                                    | ns             | 43/3         | 4        |
| Fig. S1D,F | GRU101 (wt)                 | -                      | 7.9               | 0.2            |                                    |                | 50/14        | 3        |
|            |                             | Lutein [100 µM]        | 8.8               | 0.1            | <0.0001                            |                | 58/22        | 3        |
|            |                             | Lycopene [4.6 µM]      | 8.7               | 0.1            | 0.003                              |                | 54/18        | 3        |
|            |                             | EGCG [0.64 µM]         | 8.8               | 0.1            | 0.0007                             |                | 56/20        | 3        |
|            | GRU102 (nAD)                | -                      | 7.1               | 0.2            |                                    | 0.003          | 50/14        | 3        |
|            |                             | Lutein [100 µM]        | 8.5               | 0.1            | <0.0001                            | 0.001          | 54/18        | 3        |
|            |                             | Lycopene [4.6 µM]      | 8.3               | 0.1            | <0.0001                            | ns             | 53/17        | 3        |
|            |                             | EGCG [0.64 µM]         | 8.5               | 0.1            | <0.0001                            | ns             | 55/19        | 3        |
| Fig. S2A   | NV48 (wt)                   | Imatinib [1 µM] (STI)  | 7.9               | 0.3            |                                    |                | 33/6         | 3        |
|            | NV49 (nAD)                  | Imatinib [1 µM] (STI)  | 7.1               | 0.4            | ns                                 | ns             | 32/4         | 3        |
|            | NV51 (nAD; <i>abl-1</i> KO) | Imatinib [1 µM] (STI)  | 7.6               | 0.3            |                                    | ns             | 35/6         | 3        |

<sup>a</sup>Pairwise comparisons using Log-Rank test.

restored animals' chemosensory function as well as learning ability in the AD strain, especially upon genetic depletion (Fig. 3J–L, compare black and pink striped bars). To verify whether STI is actually protecting against Aβ-induced pathology via ABL-1 inhibition, we then couple pharmacological and genetic suppression of Abl in the AD model. Remarkably, in support of a specific protection against Aβ-induced pathology via ABL-1 inhibition, STI did not provide additional beneficial effects in the absence of *abl-1*, in most of the assessed parameters affected by neuronal Aβ expression (Fig. S3A–D; Tables 1, 4).

These data clearly support a protective role of Abl suppression against human Aβ toxicity. Moreover, they indicate that Abl depletion provides specific beneficial effects in the Aβ compromised background whilst not affecting neuromuscular parameters (e.g., sensory or locomotion abilities) in otherwise wild-type animals, which differs from the more generic beneficial effects promoted by quercetin (Fig. 1). In further support of a specific protective effect, *abl-1* knock-out per se did not affect lifespan in the otherwise *C. elegans* wild-type strain (Fig. 4A; Table 2) while extending lifespan in the nAD strain (Fig. 4B; Table 2). Most importantly, while quercetin extended lifespan in

both the wild-type and the nAD strain, it could not do so in the absence of *abl-1* in none of the two strains (Fig. 4A, B; Table 2).

To further support the protective effect of quercetin against Aβ expression via Abl suppression, and exclude non-specific effects ascribed to strain background, we then moved to the *C. elegans* strain with muscle Aβ overexpression. Remarkably, we found that either quercetin alone or genetic or pharmacological *abl-1* suppression, significantly rescued also the paralysis induced by muscle Aβ overexpression (Fig. 4C, D; Table 5). Moreover, consistent with the lifespan results in the nAD strain, the protective effect of quercetin against muscle Aβ-induced paralysis was lost in animals with genetic or pharmacological inhibition of ABL-1 (Fig. 4C, D; Table 5).

Overall, in strong support of the beneficial role of Abl suppression, data described so far clearly showed that genetic or pharmacological approaches respectively reducing Abl expression or activity, rescue different animals' defects induced by neuronal or muscular overexpression of toxic human Aβ in *C. elegans*. Moreover, they revealed that quercetin provides protection against Aβ-induced toxicity via ABL-1 suppression.



**Table 2.** Lifespan summary.

|            | Strain                      | Treatment              | Mean Lifespan (days) | Standard Error | P vs untreated <sup>a</sup> | P vs wt | Age at 100% mortality (days) | Total/Censor | N |
|------------|-----------------------------|------------------------|----------------------|----------------|-----------------------------|---------|------------------------------|--------------|---|
| Fig. 1D    | GRU101 (wt)                 | -                      | 16.9                 | 0.4            |                             |         | 31                           | 181/7        | 3 |
|            |                             | Quercetin [100 µM] (Q) | 19.7                 | 0.5            | 0.0001                      |         | 35                           | 180/10       | 3 |
|            | GRU102 (nAD)                | -                      | 16.1                 | 0.3            |                             | ns      | 29                           | 180/4        | 3 |
|            |                             | Quercetin [100 µM] (Q) | 19.3                 | 0.4            | <0.0001                     | ns      | 34                           | 184/10       | 3 |
| Fig. 4A-B  | NV48 (wt)                   | -                      | 20.5                 | 0.5            |                             |         | 37                           | 200/18       | 3 |
|            |                             | Quercetin [100 µM] (Q) | 24.1                 | 0.5            | <0.0001                     |         | 42                           | 200/16       | 3 |
|            | NV50 ( <i>abl-1</i> KO)     | -                      | 19.7                 | 0.4            |                             | ns      | 34                           | 200/10       | 3 |
|            |                             | Quercetin [100 µM] (Q) | 21.9                 | 0.5            | 0.0011                      | ns      | 40                           | 200/16       | 3 |
|            | NV49 (nAD)                  | -                      | 18.1                 | 0.4            |                             | 0.002   | 32                           | 200/18       | 3 |
|            |                             | Quercetin [100 µM] (Q) | 22.0                 | 0.5            | <0.0001                     | ns      | 40                           | 200/14       | 3 |
|            | NV51 (nAD; <i>abl-1</i> KO) | -                      | 22.6                 | 0.5            |                             | 0.0295  | 40                           | 200/12       | 3 |
|            |                             | Quercetin [100 µM] (Q) | 23.3                 | 0.5            | ns                          | ns      | 40                           | 200/11       | 3 |
| FIG. S1C,E | GRU101 (wt)                 | -                      | 19.1                 | 0.5            |                             |         | 31                           | 140/6        | 3 |
|            |                             | Lutein [100 µM]        | 20.6                 | 0.5            | ns                          |         | 35                           | 140/2        | 3 |
|            |                             | Lycopene [4.6 µM]      | 20.4                 | 0.4            | ns                          |         | 31                           | 140/6        | 3 |
|            |                             | EGCG [0.64 µM]         | 19.5                 | 0.4            | ns                          |         | 31                           | 140/5        | 3 |
|            | GRU102 (nAD)                | -                      | 18.8                 | 0.4            |                             | ns      | 28                           | 140/4        | 3 |
|            |                             | Lutein [100 µM]        | 20.5                 | 0.5            | <0.0001                     | ns      | 33                           | 140/4        | 3 |
|            |                             | Lycopene [4.6 µM]      | 21.7                 | 0.4            | <0.0001                     | ns      | 33                           | 140/2        | 3 |
|            |                             | EGCG [0.64 µM]         | 21.2                 | 0.4            | 0.0005                      | 0.02    | 31                           | 140/1        | 3 |

<sup>a</sup>Pairwise comparisons using Log-Rank test, **P** adjusted using the Bonferroni method.

### Quercetin reduces Aβ secretion in mammalian cells

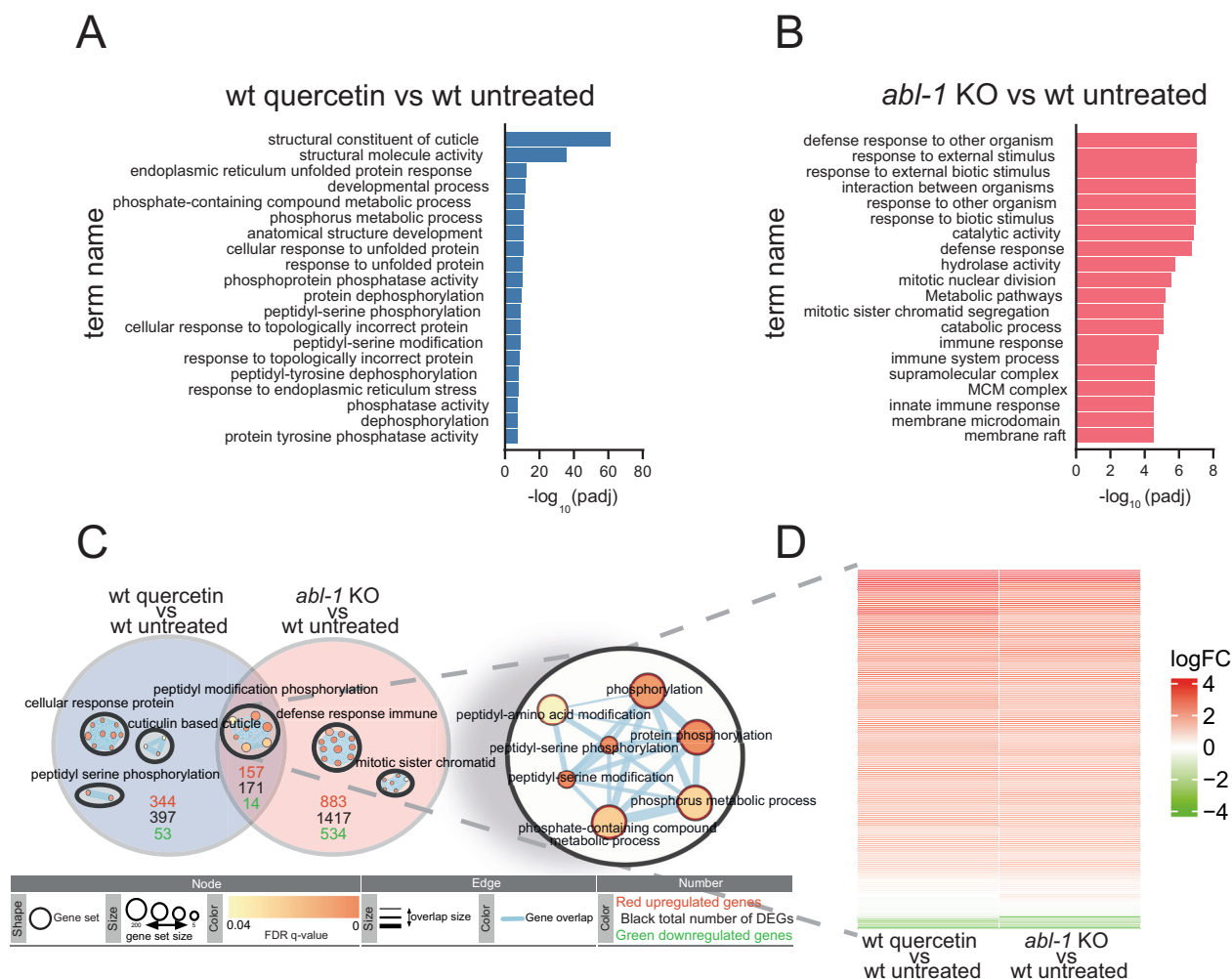
We then sought to address the potential beneficial effects of quercetin also in mammalian cellular models. Aβ toxic peptide derives from pro-amyloidogenic proteolytic processing cleavage of the APP. The amount of secreted Aβ peptide is therefore a very sensitive readout correlating with disease pathology and it represents an important endpoint to evaluate the potential protective or detrimental properties of interventions for AD pathogenesis. Consistent with a protective effect, quercetin treatment reduced Aβ secretion from primary murine cortical neurons (Fig. 5A). We then took advantage of cells stably expressing a wild-type variant of APP (APP695) and found that quercetin reduces both Aβ<sub>1-40</sub> and Aβ<sub>1-42</sub> secretion in a dose-dependent manner (Fig. 5B). Reduced amount of Aβ secretion may be primarily ascribed to reduced APP levels or pro-amyloidogenic cleavage or increased Aβ degradation. We thus first analyzed the expression levels of iAPP and mAPP as well as its cleaved products CTFs. Western blot analysis indicated that quercetin significantly increases the level of iAPP in a dose-dependent manner, with a consequent but not significant decrease in its mature form as well as no changes in the CTFs amount (Fig. 5C). Moreover, cycloheximide pulse-chase experiments revealed no altered degradation pattern of mAPP while showing increased stability of iAPP (Fig. 5D), indicating quercetin may impact on processes which regulate iAPP maturation and/or degradation.

Since phosphorylation by Abl was shown to influence both APP maturation and Aβ-degradation pathways [31, 32, 36] we then

wondered whether Abl depletion may mediate the beneficial effects of quercetin also in mammalian cells. Interestingly, quantification of Aβ secretion from APP overexpressing cells revealed that quercetin significantly reduces the amount of secreted Aβ (Fig. 5E). This effect was strengthened by the co-treatment with STI, which alone had however negligible effects on the amount of secreted Aβ (Fig. 5E). While the lack of STI effect alone on Aβ secretion could be a dose dependent effect, this data might instead imply that Abl suppression in mammalian cells may protect against Aβ toxicity cooperating with quercetin on different Aβ related features (production/degradation/toxicity). Consistent with this possibility while quercetin alone did not affect the amount of CTFs expression, STI alone has been shown to promote APP non-amyloidogenic cleavage and alter CTFs generation [32]. Data collected so far suggest that Abl inhibition and quercetin may differentially or in parallel impact on APP processing and Aβ toxicity in mammals. Nonetheless, considering that *C. elegans* APP related protein (APL-1) does not contain an Aβ sequence and the available *C. elegans* AD models rely on transgenic expression of the human Aβ toxic peptide [3, 14], the common beneficial effects of quercetin in cells and *C. elegans* must involve Abl-regulated pathways impacting on Aβ levels and/or toxicity (rather than on APP processing).

### Autophagy mediates quercetin-induced Abl-suppression and Aβ-protection

To further investigate the role of Abl in the protective effect of quercetin, we then assessed its expression in cells stably



**Fig. 2** Quercetin treatment and *abl-1* depletion similarly impact on phosphorylation-related processes. Top 20 gene ontology (GO) terms found by the enrichment analysis of the differential expressed genes (DEGs) between worms left untreated or treated with 100  $\mu\text{M}$  quercetin (wt quercetin vs wt untreated) **A** or *abl-1* KO strain vs wild type untreated (*abl-1* KO vs wt untreated) **B**, **C** Venn diagram build on the DEGs from RNA-Seq, the number of total DEGs, upregulated, and downregulated genes between the indicated conditions are shown in black, red and green respectively. The enrichment maps inside each circle represent the most significant functional group for each condition, the functional group inside the intersection has been enlarged to show the network in detail (circle with yellow background). **D** Heat map of log fold change of the 171 DEGs resulting from the intersection in **(C)**.

transfected with an empty vector or with APP<sup>wt</sup>. Coherently with the literature [28, 37] we confirmed that Abl expression is increased by APP overexpression and most notably found that quercetin significantly reduces its expression (Fig. 6A). Interestingly, quercetin did not modulate Abl transcript expression neither in mammalian cells nor in *C. elegans* (Fig. S4A, B). The antiaging effects of other phenolic natural compounds (e.g., resveratrol, dimethoxychalcone) have been often ascribed to induction of autophagy [38, 39], the major cellular recycling pathway. Moreover, impaired autophagic flux has been found in mammalian as well as *C. elegans* AD models and the autophagy-regulatory gene beclin was once reported to be required for quercetin protective effect against muscle A $\beta$ -induced paralysis in *C. elegans* [20, 30, 40]. Thus, we wondered whether activation of autophagy by quercetin could mediate Abl depletion and ultimately its protective effects in vitro (reduced A $\beta$  secretion) and in vivo in *C. elegans* (reduced A $\beta$  toxicity). Consistent with this possibility, using the autophagy inhibitor chloroquine (CQ) we clearly showed that quercetin induces autophagy in cells stably expressing APP (Fig. 6B). Most notably, quercetin could not reduce Abl expression upon blockage of autophagy with CQ (Fig. 6C).

Consistent with cell data, we could show that quercetin induces autophagy in the nematode *C. elegans*, revealed as an increased number of LC3/LGG-1 foci in the seam cells of animals L3 larvae (Fig. 6D). Most importantly, in further support of quercetin protective effects being mediated by autophagy, silencing of beclin (*bec-1*), a central autophagy regulatory gene, in *C. elegans*, completely prevented quercetin beneficial effects on motility in animals overexpressing toxic A $\beta$  in the neurons (Fig. 6E). Somewhat unexpectedly, not only *bec-1* RNAi prevented the protective effects of quercetin against A $\beta$ -induced toxicity, but it also significantly ameliorated animals' motility in the absence of quercetin (Fig. S4C). Given the autophagy blockage observed in the different AD models [30, 40], our results imply that preventing the formation of the autophagosomes (via beclin depletion) either prompts the induction of compensatory systems facilitating A $\beta$  degradation, or prevents the accumulation of insoluble toxic aggregates or of proteins that would favor A $\beta$  toxicity. Our results in mammalian cells (Fig. 6B, C) suggest that Abl accumulation could be at least in part responsible for the detrimental effect of autophagy blockage in the different AD models.

**Table 3.** LogFC 171 common genes.

| Gene name | Log FC<br>wt. quercetin<br>vs. wt. untreated | LogFC_abi1_<br>ko. vs. wt.<br>untreated | Gene stable ID  | Gene description   | Human<br>%<br>identity | %<br>identity...<br>7 | Human<br>gene<br>name | Human gene<br>stable ID | Paralogue gene<br>stable ID | %<br>identity...<br>11 | Paralog<br>%<br>identity... |
|-----------|--|---|-----------------|--|------------------------|-----------------------|-----------------------|-------------------------|-----------------------------|------------------------|-----------------------------|
| abu-1     | 3.95   | 2.42                                    | WBGene000000024 | Activated in Blocked Unfolded protein response<br>[Source:UniProtKB/TrEMBL;Acc:Q17400] | NA                     | NA                    | NA                    | NA                      | WBGene00004098              | 98.1176                | 98.1176                     |
| abu-6     | 4  | 3.4                                     | WBGene000000029 | Activated in Blocked Unfolded protein response<br>[Source:UniProtKB/TrEMBL;Acc:O16501] | NA                     | NA                    | NA                    | NA                      | WBGene00004099              | 98.7113                | 98.7113                     |
| abu-8     | 1.45   | 1.35                                    | WBGene000000031 | Activated in Blocked Unfolded protein response<br>[Source:UniProtKB/TrEMBL;Acc:O16511] | NA                     | NA                    | NA                    | NA                      | WBGene000000029             | 84.2697                | 96.6495                     |
| acdh-8    | 1.88   | 1.67                                    | WBGene00019406  | Acyl CoA DeHydrogenase [Source:UniProtKB/<br>TrEMBL;Acc:Q21243]                        | 9.98532                | 16.5049               | ACOX2                 | ENSG00000168306         | WBGene00015326              | 28.8835                | 28.401                      |
| acl-13    | 1.28   | 1.28                                    | WBGene000008581 | PlsC domain-containing protein [Source:UniProtKB/<br>TrEMBL;Acc:Q19221]                | 18.1081                | 18.4573               | LPGAT1                | ENSG00000123684         | WBGene00015295              | 33.6088                | 31.202                      |
| acp-3     | 3.1  | 3.1                                     | WBGene000008801 | ACid Phosphatase family [Source:UniProtKB/<br>TrEMBL;Acc:Q19460]                       | 16.7464                | 16.4706               | ACP3                  | ENSG000000014257        | WBGene00017427              | 14.1176                | 14.4231                     |
| alg-3     | 1.8  | 1.62                                    | WBGene00011910  | Argonaute (Plant)-Like protein [Source:UniProtKB/<br>TrEMBL;Acc:G5ED77]                | NA                     | NA                    | NA                    | NA                      | WBGene00007297              | 15.2657                | 16.7373                     |
| B0207.7   | 4.52   | 4.22                                    | WBGene00015030  | Protein kinase domain-containing protein<br>[Source:UniProtKB/TrEMBL;Acc:O01429]       | NA                     | NA                    | NA                    | NA                      | WBGene00002203              | 16.8901                | 12.6761                     |
| B0379.7   | 1.61   | 1.61                                    | WBGene00007159  | NA   | NA                     | NA                    | NA                    | NA                      | WBGene00015024              | 54.7677                | 49.2308                     |
| btb-2     | 3.17   | 3.01                                    | WBGene00020802  | BTB domain-containing protein [Source:UniProtKB/<br>TrEMBL;Acc:Q8IFY9]                 | NA                     | NA                    | NA                    | NA                      | WBGene00018200              | 34.0278                | 30.5296                     |
| C01G10.14 | 3.11   | 3.33                                    | WBGene00007239  | Major sperm protein [Source:UniProtKB/<br>TrEMBL;Acc:Q93173]                           | NA                     | NA                    | NA                    | NA                      | WBGene00010091              | 25.3333                | 35.514                      |
| C01G5.4   | 2.45   | 3.19                                    | WBGene00015306  | WSN domain-containing protein<br>[Source:UniProtKB/TrEMBL;Acc:Q17566]                  | NA                     | NA                    | NA                    | NA                      | WBGene00015630              | 40.2224                | 41.8112                     |
| C02F5.5   | 3.04   | 2.02                                    | WBGene00015348  | NA   | NA                     | NA                    | NA                    | NA                      | WBGene00021398              | 51.4451                | 55.9748                     |
| C04F12.7  | 2.37   | 1.94                                    | WBGene00007301  | NA   | NA                     | NA                    | NA                    | NA                      | WBGene00018314              | 96.5347                | 96.5347                     |
| C08F8.6   | 1.84   | 1.64                                    | WBGene00007448  | Protein kinase domain-containing protein<br>[Source:UniProtKB/TrEMBL;Acc:Q17825]       | NA                     | NA                    | NA                    | NA                      | WBGene00002203              | 18.9474                | 14.4869                     |
| C09B9.4   | 2.87   | 2.24                                    | WBGene00015629  | Protein kinase domain-containing protein<br>[Source:UniProtKB/TrEMBL;Acc:Q17853]       | NA                     | NA                    | NA                    | NA                      | WBGene00002203              | 18.3844                | 13.2797                     |
| C09H10.9  | 1.98   | 1.72                                    | WBGene00007503  | NA   | NA                     | NA                    | NA                    | NA                      | WBGene00015765              | 19.346                 | 20.5202                     |
| C10G11.8  | 2.12   | 1.72                                    | WBGene00015688  | AAA domain-containing protein<br>[Source:UniProtKB/TrEMBL;Acc:P91025]                  | NA                     | NA                    | NA                    | NA                      | WBGene00004502              | 54.3379                | 53.7246                     |
| C14C10.1  | 2.46   | 2.16                                    | WBGene00007584  | NA   | NA                     | NA                    | NA                    | NA                      | WBGene00011493              | 64.9701                | 55.2163                     |
| C15C6.2   | 2.47   | 2.08                                    | WBGene00007601  | NA   | NA                     | NA                    | NA                    | NA                      | WBGene00011176              | 31.1419                | 30.1003                     |
| C18A3.7   | 3.5  | 3.13                                    | WBGene00015944  | NA   | NA                     | NA                    | NA                    | NA                      | NA                          | NA                     | NA                          |
| C24H11.1  | -4.38  | -4.53                                   | WBGene00007699  | Serine/threonine-protein phosphatase<br>[Source:UniProtKB/TrEMBL;Acc:Q9U3P4]           | NA                     | NA                    | NA                    | NA                      | WBGene00015661              | 31.7708                | 36.6366                     |
| C25D7.16  | 2.07   | 1.92                                    | WBGene00050940  | NA   | NA                     | NA                    | NA                    | NA                      | NA                          | NA                     | NA                          |
| C27D6.11  | 2.09   | 2.28                                    | WBGene00044388  | Protein kinase domain-containing protein<br>[Source:UniProtKB/TrEMBL;Acc:Q4U220]       | 11.054                 | 25.9819               | BRSK1                 | ENSG00000160469         | WBGene00021012              | 29.6073                | 13.881                      |
| C28D4.5   | 2.98   | 2.3                                     | WBGene00007793  | DUF1248 domain-containing protein<br>[Source:UniProtKB/TrEMBL;Acc:O17609]              | NA                     | NA                    | NA                    | NA                      | WBGene00009184              | 1.69972                | 7.40741                     |
| C32D5.4   | 5.69   | 4.41                                    | WBGene00016312  | NA   | NA                     | NA                    | NA                    | NA                      | NA                          | NA                     | NA                          |
| C32E8.4   | 2.04   | 1.81                                    | WBGene00016322  | NA   | NA                     | NA                    | NA                    | NA                      | WBGene00045209              | 91.6667                | 90.1639                     |
| C33F10.1  | 1.61   | 1.59                                    | WBGene00016351  | NA   | NA                     | NA                    | NA                    | NA                      | WBGene00016357              | 89.759                 | 81.8681                     |
| C35A11.2  | 2.53   | 2.37                                    | WBGene00016429  | NA   | NA                     | NA                    | NA                    | NA                      | NA                          | NA                     | NA                          |
| C38C3.3   | 3.84   | 3.16                                    | WBGene00016512  | NA   | NA                     | NA                    | NA                    | NA                      | WBGene00044177              | 84.5395                | 85.3821                     |
| C39H7.1   | 2.06   | 1.81                                    | WBGene00016541  | Protein kinase domain-containing protein<br>[Source:UniProtKB/TrEMBL;Acc:Q18553]       | NA                     | NA                    | NA                    | NA                      | WBGene00012637              | 98.0519                | 98.0519                     |
| C43 G2.3  | 2.11   | 2.4                                     | WBGene00016612  | NA   | NA                     | NA                    | NA                    | NA                      | WBGene00045355              | 29.0476                | 26.9911                     |
| C45G9.9   | 2.05   | 1.68                                    | WBGene00016680  | NA   | NA                     | NA                    | NA                    | NA                      | WBGene00016675              | 96.9388                | 97.6027                     |



Table 3. continued

| Gene name | Log <sub>2</sub> FC <sub>wt</sub> vs. wt <sub>untreated</sub> | Log <sub>2</sub> FC <sub>abl<sub>ko</sub></sub> vs. wt <sub>untreated</sub> | Gene stable ID | Gene description   | Human % identity | % identity... 7 | Human gene name | Human stable ID | Paralogue gene stable ID | % identity... 11 | Paralog % identity... |
|-----------|---|---|----------------|--|------------------|-----------------|-----------------|-----------------|--------------------------|------------------|-----------------------|
| C46A5.1   | 1.2   | 1.6   | WBGene00016698 | NA   | NA               | NA              | NA              | NA              | WBGene00021702           | 14.4869          | 19.9446               |
| C48B4.11  | 0.13  | 0.11  | WBGene00008174 | NA   | NA               | NA              | NA              | NA              | NA                       | NA               | NA                    |
| C50F2.5   | 2.43  | 2.53  | WBGene00016839 | Tyrosine-protein phosphatase domain-containing protein [Source:UniProtKB/TrEMBL;Acc:P91179]    | NA               | NA              | NA              | NA              | WBGene00021702           | 12.7717          | 13.0194               |
| C53D6.10  | 2.84  | 2.72  | WBGene00023424 | NA   | NA               | NA              | NA              | NA              | NA                       | NA               | NA                    |
| C54G4.2   | 2.69  | 2.76  | WBGene00008312 | NA   | NA               | NA              | NA              | NA              | WBGene00007489           | 30.9693          | 33.1646               |
| col-120   | 3.1   | 2.03  | WBGene00000694 | Col_cuticle_N domain-containing protein [Source:UniProtKB/TrEMBL;Acc:Q9XWR2]                   | NA               | NA              | NA              | NA              | WBGene00000636           | 27.7955          | 28.8079               |
| col-13    | 1.93  | 1.33  | WBGene00000602 | Cuticle collagen 13 [Source:UniProtKB/Swiss-Prot;Acc:P20631]                                   | NA               | NA              | NA              | NA              | WBGene00000636           | 32.2785          | 33.7748               |
| col-146   | 3.29  | 2.01  | WBGene00000719 | Col_cuticle_N domain-containing protein [Source:UniProtKB/TrEMBL;Acc:Q22260]                   | NA               | NA              | NA              | NA              | WBGene00000636           | 29.6552          | 28.4768               |
| col-156   | 3.67  | 2.25  | WBGene00000729 | Col_cuticle_N domain-containing protein [Source:UniProtKB/TrEMBL;Acc:Q20927]                   | NA               | NA              | NA              | NA              | WBGene00000636           | 32.2034          | 31.457                |
| col-77    | 2.57  | 1.72  | WBGene00000653 | Col_cuticle_N domain-containing protein [Source:UniProtKB/TrEMBL;Acc:Q21562]                   | NA               | NA              | NA              | NA              | WBGene00000636           | 29.2763          | 29.4702               |
| col-91    | 3.25  | 2.46  | WBGene00000666 | Putative cuticle collagen 91 [Source:UniProtKB/Swiss-Prot;Acc:P34391]                          | NA               | NA              | NA              | NA              | WBGene00000636           | 30.9353          | 28.4768               |
| col-92    | 0.7   | 0.8   | WBGene00000667 | Col_cuticle_N domain-containing protein [Source:UniProtKB/TrEMBL;Acc:Q9XVG3]                   | NA               | NA              | NA              | NA              | WBGene00000636           | 26.3158          | 26.4901               |
| comp-1    | 3.02  | 2.38  | WBGene00018158 | Protein kinase domain-containing protein [Source:UniProtKB/TrEMBL;Acc:O01765]                  | NA               | NA              | NA              | NA              | NA                       | NA               | NA                    |
| cpb-2     | 1.95  | 1.7   | WBGene00000771 | Cytoplasmic polyadenylation element-binding protein 2 [Source:UniProtKB/Swiss-Prot;Acc:Q18317] | 12.6692          | 22.9825         | CPEB2           | ENSG00000137449 | WBGene00000772           | 17.5439          | 13.4228               |
| cyc-2.2   | 1.89  | 1.49  | WBGene00013854 | Probable cytochrome c 2.2 [Source:UniProtKB/Swiss-Prot;Acc:Q23240]                             | 54.2857          | 46.3415         | CYCS            | ENSG00000172115 | WBGene00017121           | 70.7317          | 78.3784               |
| cyp-35A3  | -0.64   | -5.59   | WBGene00019565 | Cytochrome P450 family [Source:UniProtKB/TrEMBL;Acc:Q9NS11]                                    | 27.7551          | 27.5304         | CYP2C19         | ENSG00000165841 | WBGene00015709           | 27.7328          | 27.8455               |
| D1081.5   | 2.41  | 2.72  | WBGene00008383 | NA   | NA               | NA              | NA              | NA              | WBGene00018841           | 62.1818          | 61.2903               |
| D1086.17  | 2.05  | 1.59  | WBGene00045355 | NA   | NA               | NA              | NA              | NA              | WBGene00016612           | 26.9911          | 29.0476               |
| eas-1     | 0.12  | 0.25  | WBGene00018270 | Probable Golgi transport protein 1 [Source:UniProtKB/Swiss-Prot;Acc:Q20263]                    | NA               | NA              | NA              | NA              | NA                       | NA               | NA                    |
| egl-19    | 0.18  | 0.31  | WBGene00001187 | Voltage-dependent L-type calcium channel subunit alpha [Source:UniProtKB/TrEMBL;Acc:G5EG02]    | 49.4183          | 52.0511         | CACNA1F         | ENSG00000102001 | WBGene00003558           | 16.9952          | 17.8711               |
| F07A5.2   | 1.26  | 1.16  | WBGene00008541 | NA   | NA               | NA              | NA              | NA              | NA                       | NA               | NA                    |
| F08H9.2   | 1.76  | 1.66  | WBGene00008590 | NA   | NA               | NA              | NA              | NA              | NA                       | NA               | NA                    |
| F09C12.8  | 1.93  | 1.72  | WBGene00017279 | NA   | 11.3464          | 24.5098         | UBASH3A         | ENSG00000160185 | WBGene00010082           | 23.5294          | 22.9299               |
| F10C1.23  | 3.49  | 3.03  | WBGene00271819 | NA   | NA               | NA              | NA              | NA              | WBGene00017325           | 95.5556          | 95.5556               |
| F10G8.1   | 3.06  | 2.75  | WBGene00008661 | Tyrosine-protein phosphatase [Source:UniProtKB/TrEMBL;Acc:I2HAD7]                              | NA               | NA              | NA              | NA              | WBGene00021702           | 30.0578          | 28.8089               |
| F17E9.5   | 2.33  | 1.8   | WBGene00017542 | NA   | NA               | NA              | NA              | NA              | WBGene00021398           | 80.2469          | 81.761                |
| F21H7.5   | 1.9   | 1.84  | WBGene00009031 | Major sperm protein [Source:UniProtKB/TrEMBL;Acc:O45386]                                       | NA               | NA              | NA              | NA              | WBGene00010091           | 11.1111          | 31.7757               |
| F25H2.7   | 0.23  | 0.27  | WBGene00009121 | NA   | NA               | NA              | NA              | NA              | WBGene00012049           | 25.8152          | 26.3889               |
| F26B1.8   | 2.71  | 2.17  | WBGene00194703 | NA   | NA               | NA              | NA              | NA              | WBGene00020350           | 84.9057          | 88.8158               |
| F26F4.2   | 1.56  | 1.7   | WBGene00005012 | NA   | NA               | NA              | NA              | NA              | WBGene00009501           | 74.0331          | 75.7062               |
| F32H2.7   | 1.76  | 1.55  | WBGene00009344 | NA   | NA               | NA              | NA              | NA              | NA                       | NA               | NA                    |
| F35H8.4   | 3.76  | 3.49  | WBGene00009449 | NA   | NA               | NA              | NA              | NA              | NA                       | NA               | NA                    |
| F36H1.3   | 3.33  | 3.15  | WBGene00009492 | Tyrosine-protein phosphatase [Source:UniProtKB/TrEMBL;Acc:Q20108]                              | NA               | NA              | NA              | NA              | WBGene00021702           | 17.8571          | 26.3158               |

Table 3. continued

| Gene name | Log FC<br>wt. quercetin<br>vs. wt. untreated | LogFC_abi1_<br>ko. vs. wt.<br>untreated | Gene stable ID | Gene description  | Human<br>%<br>identity | %<br>identity...<br>7 | Human<br>gene<br>name | Human gene<br>stable ID | Paralogue gene<br>stable ID | %<br>identity...<br>11 | Paralog<br>%<br>identity |
|-----------|--|---|----------------|---|------------------------|-----------------------|-----------------------|-------------------------|-----------------------------|------------------------|--------------------------|
| F36H12.9  | 2.71   | 2.28                                    | WBGene00018123 | Protein kinase domain-containing protein<br>[Source:UniProtKB/TrEMBL;Acc:O76711]              | NA                     | NA                    | NA                    | NA                      | WBGene00002203              | 20.7895                | 15.8954                  |
| F37A4.4   | 1.54   | 1.85                                    | WBGene00018134 | Ankyrin repeat-containing protein F37A4.4<br>[Source:UniProtKB/Swiss-Prot;Acc:P41882]         | NA                     | NA                    | NA                    | NA                      | WBGene00015988              | 31.9003                | 30.9425                  |
| F37A4.5   | 1.2  | 1.32                                    | WBGene00018135 | NA  | 15.1899                | 15.047                | BRCC3                 | ENSG00000185515         | WBGene00000817              | 25.3918                | 22.0109                  |
| F41H10.1  | 1.95   | 1.63                                    | WBGene00018314 | NA  | NA                     | NA                    | NA                    | NA                      | WBGene00007301              | 96.5347                | 96.5347                  |
| F44B9.10  | 1.24   | 1.37                                    | WBGene00018411 | NA  | 11.7949                | 19.6581               | PLA2G12B              | ENSG00000138308         | WBGene00016288              | 30.7692                | 11.4286                  |
| F44G3.7   | 3.07   | 2.83                                    | WBGene00009708 | NA  | NA                     | NA                    | NA                    | NA                      | WBGene00008854              | 39.4326                | 33.7789                  |
| F47H4.2   | 0.99   | 1.23                                    | WBGene00009835 | NA  | NA                     | NA                    | NA                    | NA                      | WBGene00011212              | 24.3217                | 15.2398                  |
| F52F12.5  | 1.61   | 1.87                                    | WBGene00009938 | NA  | NA                     | NA                    | NA                    | NA                      | NA                          | NA                     | NA                       |
| F52H3.6   | 1.7  | 1.66                                    | WBGene00009948 | Serine/threonine-protein phosphatase<br>[Source:UniProtKB/TrEMBL;Acc:Q27501]                  | NA                     | NA                    | NA                    | NA                      | WBGene00021113              | 49.848                 | 53.7705                  |
| F53C3.1   | 1.88   | 1.9                                     | WBGene00018745 | Protein kinase domain-containing protein<br>[Source:UniProtKB/TrEMBL;Acc:Q9TXU0]              | NA                     | NA                    | NA                    | NA                      | WBGene00002203              | 23.1707                | 15.2918                  |
| F54D1.1   | 1.81   | 2.3                                     | WBGene00010046 | NA  | 12.894                 | 16.187                | KHDRBS2               | ENSG00000112232         | WBGene00013325              | 16.9065                | 12.3684                  |
| F55A12.6  | 0.84   | 0.97                                    | WBGene00018865 | NA  | NA                     | NA                    | NA                    | NA                      | WBGene00195179              | 28.5047                | 36.9697                  |
| F55B11.2  | -0.12  | -0.12                                   | WBGene00010084 | NA  | NA                     | NA                    | NA                    | NA                      | NA                          | NA                     | NA                       |
| F55H12.5  | 1.56   | 1.45                                    | WBGene00010136 | Tyrosine-protein phosphatase domain-containing<br>protein [Source:UniProtKB/TrEMBL;Acc:Q8140] | NA                     | NA                    | NA                    | NA                      | WBGene00021702              | 13.5889                | 10.8033                  |
| F58F12.2  | 4.06   | 4.18                                    | WBGene00019062 | NA  | NA                     | NA                    | NA                    | NA                      | NA                          | NA                     | NA                       |
| F59B2.8   | 0.92   | 0.92                                    | WBGene00010310 | NA  | NA                     | NA                    | NA                    | NA                      | WBGene00010311              | 43.2184                | 44.2353                  |
| fipr-7    | 1.27   | 1.5                                     | WBGene00007543 | FIP (Fungus-Induced Protein) Related<br>[Source:UniProtKB/TrEMBL;Acc:Q7YTS1]                  | NA                     | NA                    | NA                    | NA                      | WBGene00044175              | 93.1507                | 93.1507                  |
| frk-1     | 2.28   | 2.18                                    | WBGene00001487 | Fer-related kinase 1 [Source:UniProtKB/Swiss-<br>Prot;Acc:Q22146]                             | NA                     | NA                    | NA                    | NA                      | WBGene00022634              | 25.8974                | 25.5696                  |
| fpr-12    | 1.28   | 1.3                                     | WBGene00019445 | G_PROTEIN_RECEP_F1_2 domain-containing<br>protein [Source:UniProtKB/TrEMBL;Acc:Q9GYH3]        | NA                     | NA                    | NA                    | NA                      | WBGene00007951              | 8.50515                | 6.77618                  |
| gipc-1    | 1.83   | 1.67                                    | WBGene00016440 | PDZ domain-containing protein [Source:UniProtKB/<br>TrEMBL;Acc:Q18488]                        | 31.746                 | 28.0112               | GIPC2                 | ENSG00000137960         | WBGene00009681              | 79.2717                | 79.2717                  |
| gird-3    | -0.12  | 0.2                                     | WBGene00001692 | Ground-like domain-containing protein<br>[Source:UniProtKB/TrEMBL;Acc:Q9TYW7]                 | 4.329                  | 11.0497               | SHH                   | ENSG00000164690         | WBGene00006955              | 9.94475                | 3.25497                  |
| gird-6    | 2.75   | 2.35                                    | WBGene00001695 | Ground-like domain-containing protein<br>[Source:UniProtKB/TrEMBL;Acc:A0A3P6NID2]             | 3.67965                | 2.76873               | SHH                   | ENSG00000164690         | WBGene00006955              | 4.07166                | 4.5208                   |
| gsp-3     | 1.69   | 1.47                                    | WBGene00021113 | Serine/threonine-protein phosphatase PPI-gamma<br>[Source:UniProtKB/Swiss-Prot;Acc:O02658]    | NA                     | NA                    | NA                    | NA                      | WBGene00020187              | 98.0328                | 98.0328                  |
| H20J04.1  | 3.49   | 2.29                                    | WBGene00019216 | WSN domain-containing protein<br>[Source:UniProtKB/TrEMBL;Acc:Q9N5L7]                         | NA                     | NA                    | NA                    | NA                      | NA                          | NA                     | NA                       |
| his-27    | 2.01   | 1.73                                    | WBGene00001901 | Histone H3 [Source:UniProtKB/TrEMBL;Acc:Q9N5L3]   | 94.1176                | 94.1176               | H3-4                  | ENSG00000168148         | WBGene00010036              | 42.6471                | 22.2222                  |
| ipla-5    | 4.21   | 4.57                                    | WBGene00019229 | Intracellular Phospholipase A family<br>[Source:UniProtKB/TrEMBL;Acc:Q9N5L3]                  | NA                     | NA                    | NA                    | NA                      | WBGene00017026              | 30.5835                | 27.289                   |
| K01D12.15 | 2.24   | 2.18                                    | WBGene00010474 | NA  | NA                     | NA                    | NA                    | NA                      | WBGene00010466              | 100                    | 100                      |
| K02E11.10 | 3.91   | 2.76                                    | WBGene00004109 | NA  | NA                     | NA                    | NA                    | NA                      | NA                          | NA                     | NA                       |
| K06A5.2   | 1.68   | 1.65                                    | WBGene00019430 | NA  | NA                     | NA                    | NA                    | NA                      | WBGene00019024              | 16.8675                | 18.7919                  |
| K06H7.8   | 2.35   | 2.3                                     | WBGene00019459 | Putative serine/threonine-protein kinase K06H7.1<br>[Source:UniProtKB/Swiss-Prot;Acc:P34516]  | NA                     | NA                    | NA                    | NA                      | WBGene00002203              | 21.0983                | 14.6881                  |
| K08A2.2   | 1.29   | 1.25                                    | WBGene00019512 | DUF1248 domain-containing protein<br>[Source:UniProtKB/TrEMBL;Acc:Q9N5J3]                     | NA                     | NA                    | NA                    | NA                      | WBGene00009184              | 1.7192                 | 7.40741                  |
| K08C9.1   | 3.68   | 3.1                                     | WBGene00010650 | NA  | NA                     | NA                    | NA                    | NA                      | WBGene00010651              | 32.5                   | 33.1915                  |
| K09E4.1   | 1.11   | 1.4                                     | WBGene00010719 | NA  | NA                     | NA                    | NA                    | NA                      | WBGene00002203              | 12.8065                | 9.45674                  |

Table 3. continued

| Gene name | Log <sub>2</sub> FC <sub>wt vs wt untreated</sub> | Log <sub>2</sub> FC <sub>abl<sub>ko</sub> vs wt untreated</sub> | Gene stable ID | Gene description  | Human % identity | % identity... 7 | Human gene name | Human gene stable ID | Paralogue gene stable ID | % identity... 11 | Paralog % identity... |
|-----------|---|---|----------------|---|------------------|-----------------|-----------------|----------------------|--------------------------|------------------|-----------------------|
| K1D12.13  | -0.17   | -0.24   | WBGene00044535 | BPT/Kunitz inhibitor domain-containing protein [Source:UniProtKB/TrEMBL;Acc:Q4R127]                   | 2.98507          | 5.31915         | HOXA1           | ENSG00000105991      | WBGene00011069           | 6.38298          | 4.31655               |
| ltd-1     | 0.49  | 0.59  | WBGene00003089 | TGc domain-containing protein [Source:UniProtKB/TrEMBL;Acc:A0A131MD24]                                | 6.58579          | 15.7676         | NRAP            | ENSG00000197893      | WBGene00018367           | 10.2351          | 22.0896               |
| M05D6.1   | 2.89  | 2.16  | WBGene00010874 | Protein kinase domain-containing protein [Source:UniProtKB/TrEMBL;Acc:Q21521]                         | NA               | NA              | NA              | NA                   | WBGene00002203           | 18.5596          | 13.4809               |
| mpst-4    | 2.48  | 2.64  | WBGene00017387 | Putative thiosulfate sulfurtransferase mpst-4 [Source:UniProtKB/Swiss-Prot;Acc:P91247]                | 20.202           | 18.5759         | TST             | ENSG00000128311      | WBGene00022006           | 64.3963          | 69.3333               |
| mpz-4     | 1.98  | 2.28  | WBGene00019165 | PDZ domain-containing protein [Source:UniProtKB/TrEMBL;Acc:Q9TXV1]                                    | NA               | NA              | NA              | NA                   | WBGene00016843           | 19.9005          | 25.5591               |
| mnp-142   | 2.39  | 1.7   | WBGene00003469 | Major sperm protein 19/31/40/45/50/51/53/59/61/65/81/113/142 [Source:UniProtKB/Swiss-Prot;Acc:P53017] | NA               | NA              | NA              | NA                   | WBGene00003452           | 100              | 100                   |
| mnp-3     | 2.46  | 1.84  | WBGene00003424 | Major sperm protein 3 [Source:UniProtKB/Swiss-Prot;Acc:Q19832]  | NA               | NA              | NA              | NA                   | WBGene00003434           | 97.6378          | 97.6378               |
| mnp-51    | 2.04  | 1.58  | WBGene00003444 | Major sperm protein 19/31/40/45/50/51/53/59/61/65/81/113/142 [Source:UniProtKB/Swiss-Prot;Acc:P53017] | NA               | NA              | NA              | NA                   | WBGene00003448           | 99.2126          | 99.2126               |
| mnp-57    | 2.43  | 2.03  | WBGene00003450 | Major sperm protein 55/57 [Source:UniProtKB/Swiss-Prot;Acc:Q17856]                                    | NA               | NA              | NA              | NA                   | WBGene00003448           | 100              | 100                   |
| mnp-59    | 2.03  | 1.56  | WBGene00003452 | Major sperm protein 19/31/40/45/50/51/53/59/61/65/81/113/142 [Source:UniProtKB/Swiss-Prot;Acc:P53017] | NA               | NA              | NA              | NA                   | WBGene00003429           | 100              | 100                   |
| mnp-77    | 1.98  | 1.75  | WBGene00003464 | Major sperm protein 77/79 [Source:UniProtKB/Swiss-Prot;Acc:Q9TVM5]                                    | NA               | NA              | NA              | NA                   | WBGene00003466           | 100              | 100                   |
| mnp-2     | 1.82  | 1.48  | WBGene00022751 | MS Related Protein [Source:UniProtKB/TrEMBL;Acc:Q44898]   | NA               | NA              | NA              | NA                   | NA                       | NA               | NA                    |
| mnp-4     | 4.71  | 4.68  | WBGene00018500 | MS Related Protein [Source:UniProtKB/TrEMBL;Acc:Q9TX14]   | NA               | NA              | NA              | NA                   | WBGene00018497           | 85.5769          | 83.9623               |
| nep-23    | 4.15  | 4.23  | WBGene00013785 | NEPILysin metalloproteinase family [Source:UniProtKB/TrEMBL;Acc:Q9U2T1]                               | 14.4516          | 15.6863         | ECEL1           | ENSG00000171551      | WBGene00013926           | 19.0476          | 18.0371               |
| nep-6     | 2.06  | 2.22  | WBGene00017550 | NEPILysin metalloproteinase family [Source:UniProtKB/TrEMBL;Acc:O16795]                               | 16.5161          | 17.6309         | ECEL1           | ENSG00000171551      | WBGene00013926           | 20.3857          | 19.6286               |
| nhr-206   | 1.13  | 1   | WBGene00011097 | Nuclear Hormone Receptor family [Source:UniProtKB/TrEMBL;Acc:Q21803]                                  | 16.1836          | 16.3415         | NR2F2           | ENSG00000185551      | WBGene00003690           | 14.3902          | 13.5011               |
| nspd-3    | 2.8   | 2.23  | WBGene00016058 | Nematode Specific Peptide family, group D [Source:UniProtKB/TrEMBL;Acc:G5EG23]                        | NA               | NA              | NA              | NA                   | WBGene00043147           | 100              | 100                   |
| nspe-1    | -0.4  | -0.38   | WBGene00012591 | Nematode Specific Peptide family, group E [Source:UniProtKB/TrEMBL;Acc:Q9NAJ8]                        | NA               | NA              | NA              | NA                   | WBGene00012604           | 97.1831          | 97.1831               |
| pals-4    | -1.66   | -1.79   | WBGene00007658 | Protein containing ALS2cr12 (ALS2cr12) signature [Source:UniProtKB/TrEMBL;Acc:Q45256]                 | NA               | NA              | NA              | NA                   | WBGene00044237           | 45.584           | 54.4218               |
| phg-1     | 1.42  | 1.16  | WBGene00004017 | Growth arrest-specific protein 1 homolog [Source:UniProtKB/Swiss-Prot;Acc:Q95533]                     | NA               | NA              | NA              | NA                   | NA                       | NA               | NA                    |
| pqn-54    | 1.37  | 1.19  | WBGene00004139 | Prion-like (Q/N-rich)-domain-bearing protein [Source:UniProtKB/TrEMBL;Acc:Q44606]                     | NA               | NA              | NA              | NA                   | NA                       | NA               | NA                    |
| R02F11.1  | 1.06  | 1.25  | WBGene00019839 | NA  | NA               | NA              | NA              | NA                   | WBGene00018492           | 26.7045          | 26.4045               |
| R08A2.2   | 2.97  | 2.69  | WBGene00011133 | Serine/threonine-protein phosphatase [Source:UniProtKB/TrEMBL;Acc:Q9U395]                             | NA               | NA              | NA              | NA                   | WBGene00015661           | 30.9973          | 34.5345               |
| R09E10.6  | 2.18  | 1.84  | WBGene00011176 | NA  | NA               | NA              | NA              | NA                   | WBGene00007601           | 30.1003          | 31.1419               |
| R10H10.3  | 0.18  | 0.27  | WBGene00011222 | NA  | NA               | NA              | NA              | NA                   | WBGene00008879           | 7.96703          | 4.22741               |
| R12E2.7   | 1.92  | 1.83  | WBGene00002033 | NA  | NA               | NA              | NA              | NA                   | NA                       | NA               | NA                    |
| smz-1     | 0.93  | 1.22  | WBGene00007733 | Sperm Meiosis PDZ domain containing proteins [Source:UniProtKB/TrEMBL;Acc:Q18167]                     | NA               | NA              | NA              | NA                   | WBGene00020661           | 98.9051          | 98.9051               |

Table 3. continued

| Gene name  | Log <sub>2</sub> FC<br>wt. quercetin<br>vs. wt. untreated | Log <sub>2</sub> FC<br>ab1_1<br>ko. vs. wt.<br>untreated | Gene stable ID  | Gene description   | Human<br>%<br>identity | %<br>identity...<br>7 | Human<br>gene<br>name | Human gene<br>stable ID | Paralogue gene<br>stable ID | %<br>identity...<br>11 | Paralog<br>%<br>identity |
|------------|---|--|-----------------|--|------------------------|-----------------------|-----------------------|-------------------------|-----------------------------|------------------------|--------------------------|
| spch-3     | 2.47  | 1.81   | WBGene00020840  | Sperm Chromatin enriched [Source:UniProtKB/TrEMBL;Acc:P91497]                | NA                     | NA                    | NA                    | NA                      | WBGene00015689              | 99.0148                | 99.0148                  |
| spe-46     | 1.15  | 1.4  | WBGene00012296  | NA   | NA                     | NA                    | NA                    | NA                      | NA                          | NA                     | NA                       |
| spl-2      | -0.17   | -0.17  | WBGene00018398  | Serine palmitoyltransferase 2 [Source:UniProtKB/Swiss-Prot;Acc:Q20375]       | 15.7812                | 17.2355               | ALAS1                 | ENSG00000023330         | WBGene00011932              | 41.2969                | 46.4491                  |
| ssp-16     | 3.74  | 2.68   | WBGene00006044  | Sperm-specific class P protein 16 [Source:UniProtKB/Swiss-Prot;Acc:P91499]   | NA                     | NA                    | NA                    | NA                      | WBGene00010091              | 44.9541                | 45.7944                  |
| ssp-31     | 2.21  | 2.24   | WBGene00006048  | Sperm-specific class P protein 31 [Source:UniProtKB/Swiss-Prot;Acc:Q9XXL3]   | NA                     | NA                    | NA                    | NA                      | WBGene00015696              | 27.1028                | 16.3842                  |
| ssp-9      | 2.34  | 1.64   | WBGene00006038  | Sperm-specific class P protein 9/11 [Source:UniProtKB/Swiss-Prot;Acc:Q23058] | NA                     | NA                    | NA                    | NA                      | WBGene00010091              | 44.9541                | 45.7944                  |
| ssq-1      | 1.24  | 1.11   | WBGene00006050  | Sperm-Specific family, class Q [Source:UniProtKB/TrEMBL;Acc:Q21294]          | NA                     | NA                    | NA                    | NA                      | WBGene00006051              | 89.3103                | 63.9506                  |
| ssq-4      | 2.12  | 1.54   | WBGene00006053  | Sperm-Specific family, class Q [Source:UniProtKB/TrEMBL;Acc:Q23062]          | NA                     | NA                    | NA                    | NA                      | WBGene00006052              | 98.6595                | 99.1914                  |
| sss-1      | 2.18  | 1.82   | WBGene00006056  | Sperm-Specific family, class S [Source:UniProtKB/TrEMBL;Acc:Q9XVP7]          | NA                     | NA                    | NA                    | NA                      | WBGene00017851              | 37.4101                | 38.6617                  |
| T02E1.7    | 4.02  | 3.03   | WBGene00011379  | NA   | NA                     | NA                    | NA                    | NA                      | WBGene00004787              | 9.66543                | 8.04954                  |
| T05C12.4   | 1.21  | 1.12   | WBGene00011468  | NA   | NA                     | NA                    | NA                    | NA                      | NA                          | NA                     | NA                       |
| T06E4.12   | 4.5   | 3.5  | WBGene00044011  | NA   | NA                     | NA                    | NA                    | NA                      | WBGene00077691              | 68.9189                | 69.863                   |
| T08B2.12   | 2.2   | 2.36   | WBGene00020350  | NA   | NA                     | NA                    | NA                    | NA                      | WBGene00016752              | 99.3421                | 99.3421                  |
| T08B6.4    | 1.74  | 1.56   | WBGene00020353  | NA   | NA                     | NA                    | NA                    | NA                      | WBGene00010241              | 39.3027                | 40.5892                  |
| T16G12.7   | 2.06  | 1.92   | WBGene00011808  | Serine/threonine-protein phosphatase [Source:UniProtKB/TrEMBL;Acc:K8FE09]    | NA                     | NA                    | NA                    | NA                      | WBGene00015661              | 52.0376                | 49.8498                  |
| T23F11.2   | 2.48  | 2.11   | WBGene00011954  | NA   | NA                     | NA                    | NA                    | NA                      | WBGene00008912              | 96.4427                | 82.4324                  |
| T27E7.1    | 2.99  | 2.22   | WBGene00012087  | NA   | NA                     | NA                    | NA                    | NA                      | WBGene00013138              | 34.0708                | 21.4485                  |
| T28F3.5    | 0.53  | 0.62   | WBGene00012131  | Acetyl-CoA carboxylase [Source:UniProtKB/TrEMBL;Acc:C1P655]                  | 22.3759                | 34.1191               | ACACB                 | ENSG000000076555        | WBGene00017864              | 10.794                 | 24.0331                  |
| ubxn-5     | 1.97  | 1.71   | WBGene00011336  | UBX domain-containing protein 5 [Source:UniProtKB/Swiss-Prot;Acc:Q7YUW9]     | NA                     | NA                    | NA                    | NA                      | NA                          | NA                     | NA                       |
| ugt-23     | 0.18  | 0.18   | WBGene00007650  | UDP-glucuronosyltransferase [Source:UniProtKB/TrEMBL;Acc:Q0G821]             | NA                     | NA                    | NA                    | NA                      | WBGene00008583              | 17.7358                | 18.4676                  |
| ugt-4      | 0.41  | 0.68   | WBGene00013905  | UDP-glucuronosyltransferase [Source:UniProtKB/TrEMBL;Acc:Q23335]             | NA                     | NA                    | NA                    | NA                      | WBGene00008583              | 15.8879                | 16.6994                  |
| W02D9.6    | -0.27   | -0.29  | WBGene00012212  | NA   | NA                     | NA                    | NA                    | NA                      | NA                          | NA                     | NA                       |
| W02D9.7    | -0.16   | -0.12  | WBGene00012213  | NA   | NA                     | NA                    | NA                    | NA                      | NA                          | NA                     | NA                       |
| W03D8.9    | 1.97  | 1.63   | WBGene00020990  | NA   | NA                     | NA                    | NA                    | NA                      | WBGene00012547              | 84.326                 | 84.0625                  |
| W03F1.4    | 2.84  | 2.09   | WBGene00021007  | Protein-tyrosine-phosphatase [Source:UniProtKB/TrEMBL;Acc:O01777]            | NA                     | NA                    | NA                    | NA                      | WBGene00020116              | 15.0255                | 16.6397                  |
| Y113G7C.1  | 2.6   | 2.37   | WBGene00013771  | Protein-tyrosine-phosphatase [Source:UniProtKB/TrEMBL;Acc:Q9XWA6]            | NA                     | NA                    | NA                    | NA                      | WBGene00021702              | 4.35074                | 18.0055                  |
| Y17D7B.3   | -3.13   | -3.11  | WBGene00012451  | NA   | NA                     | NA                    | NA                    | NA                      | NA                          | NA                     | NA                       |
| Y17G9B.11  | -2.68   | -2.68  | WBGene000194835 | NA   | NA                     | NA                    | NA                    | NA                      | NA                          | NA                     | NA                       |
| Y38E10A.17 | 1.61  | 1.46   | WBGene00012595  | NA   | NA                     | NA                    | NA                    | NA                      | NA                          | NA                     | NA                       |
| Y43F8A.2   | 2.4   | 1.78   | WBGene00012809  | NA   | NA                     | NA                    | NA                    | NA                      | WBGene00017955              | 28.0877                | 29.8729                  |
| Y43F8C.5   | 2.92  | 2.84   | WBGene00012827  | NA   | NA                     | NA                    | NA                    | NA                      | NA                          | NA                     | NA                       |
| Y47D7A.15  | 4.9   | 2.75   | WBGene00021627  | NA   | NA                     | NA                    | NA                    | NA                      | NA                          | NA                     | NA                       |
| Y51B9A.5   | 2.76  | 2.8  | WBGene00013087  | NA   | NA                     | NA                    | NA                    | NA                      | WBGene00009459              | 44.4444                | 43.0108                  |
| Y67D8B.5   | 1.84  | 1.84   | WBGene00022064  | NA   | NA                     | NA                    | NA                    | NA                      | NA                          | NA                     | NA                       |
| Y71F9AL.11 | -3.11   | -1.89  | WBGene00022116  | NA   | NA                     | NA                    | NA                    | NA                      | NA                          | NA                     | NA                       |

Table 3. continued

| Gene name | Log <sub>2</sub> FC <sub>wt</sub> vs. wt <sub>untreated</sub> | Log <sub>2</sub> FC <sub>ko</sub> vs. wt <sub>untreated</sub> | Gene stable ID | Gene description  | Human % identity | % identity... 7 | Human gene name | Human stable ID | Paralogue gene stable ID | % identity... 11 | Paralog % identity |
|-----------|---|---|----------------|---|------------------|-----------------|-----------------|-----------------|--------------------------|------------------|--------------------|
| ZC477.7   | 2.25  | 1.89  | WBGene00022621 | NA  | NA               | NA              | NA              | NA              | WBGene00020905           | 97.4227          | 97.4227            |
| ZC513.14  | 3.46  | 2.18  | WBGene00194928 | DUF19 domain-containing protein [Source:UniProtKB/TrEMBL;Acc:FLIM2]       | NA               | NA              | NA              | NA              | NA                       | NA               | NA                 |
| zip-12    | -0.19   | 0.28  | WBGene00013560 | BZIP transcription factor family [Source:UniProtKB/TrEMBL;Acc:Q9XW80]     | NA               | NA              | NA              | NA              | NA                       | NA               | NA                 |
| ZK1225.4  | 2.39  | 2.11  | WBGene00014238 | NA  | NA               | NA              | NA              | NA              | WBGene00014239           | 57.0328          | 57.9256            |
| ZK1307.4  | 1.94  | 1.69  | WBGene00014247 | NA  | NA               | NA              | NA              | NA              | WBGene00015696           | 16.5217          | 10.7345            |
| ZK512.8   | 1.79  | 1.4   | WBGene00013987 | NA  | NA               | NA              | NA              | NA              | WBGene00013886           | 77.193           | 78.5714            |
| ZK550.5   | 1.67  | 1.51  | WBGene00013999 | NA  | 42.0118          | 43.2927         | PHYH            | ENSG00000107537 | WBGene00044362           | 17.0732          | 45.9016            |
| ZK858.2   | 1.77  | 1.65  | WBGene00014116 | NA  | NA               | NA              | NA              | NA              | NA                       | NA               | NA                 |
| ZK938.1   | 1.94  | 1.68  | WBGene00014158 | Serine/threonine-protein phosphatase [Source:UniProtKB/TrEMBL;Acc:G5ECL6] | NA               | NA              | NA              | NA              | WBGene00015661           | 49.8471          | 48.9489            |
| ZK945.7   | 1.88  | 1.64  | WBGene00014169 | NA  | NA               | NA              | NA              | NA              | NA                       | NA               | NA                 |

%Genome project: caenorhabditis\_elegans\_prjna13758.

% expression combined with result from <https://parasite.wormbase.org/>.

% BioMart version 0.7.

%imput query common 171 genes list.

Furthermore, similar to what we observed in the muscle Aβ overexpressing strain (Fig. 4C, D), *abl-1* knock-out suppressed the motility defect in the nAD strain thus masking the beneficial effect of quercetin (Fig. S4D). Remarkably, *abl-1* depletion also completely prevented the beneficial effects of *bec-1* silencing against Aβ-induced toxicity (Fig. S4D). This implies that autophagy activation on the one hand mediates quercetin-induced depletion of ABL-1 and, on the other hand, it participates in the protective effect elicited by ABL-1 suppression, as also recently shown by pharmacologic inhibition of Abl in AD mice [30]. In support of autophagy being a commonly regulated pathway between quercetin treatment and ABL-1 depletion, a closer analysis of the 171 genes commonly affected between the two interventions in *C. elegans*, revealed an enrichment of genes targeted by TFEB/hlh-30 (Fig. S4E), a master regulator of the autophagy process [41].

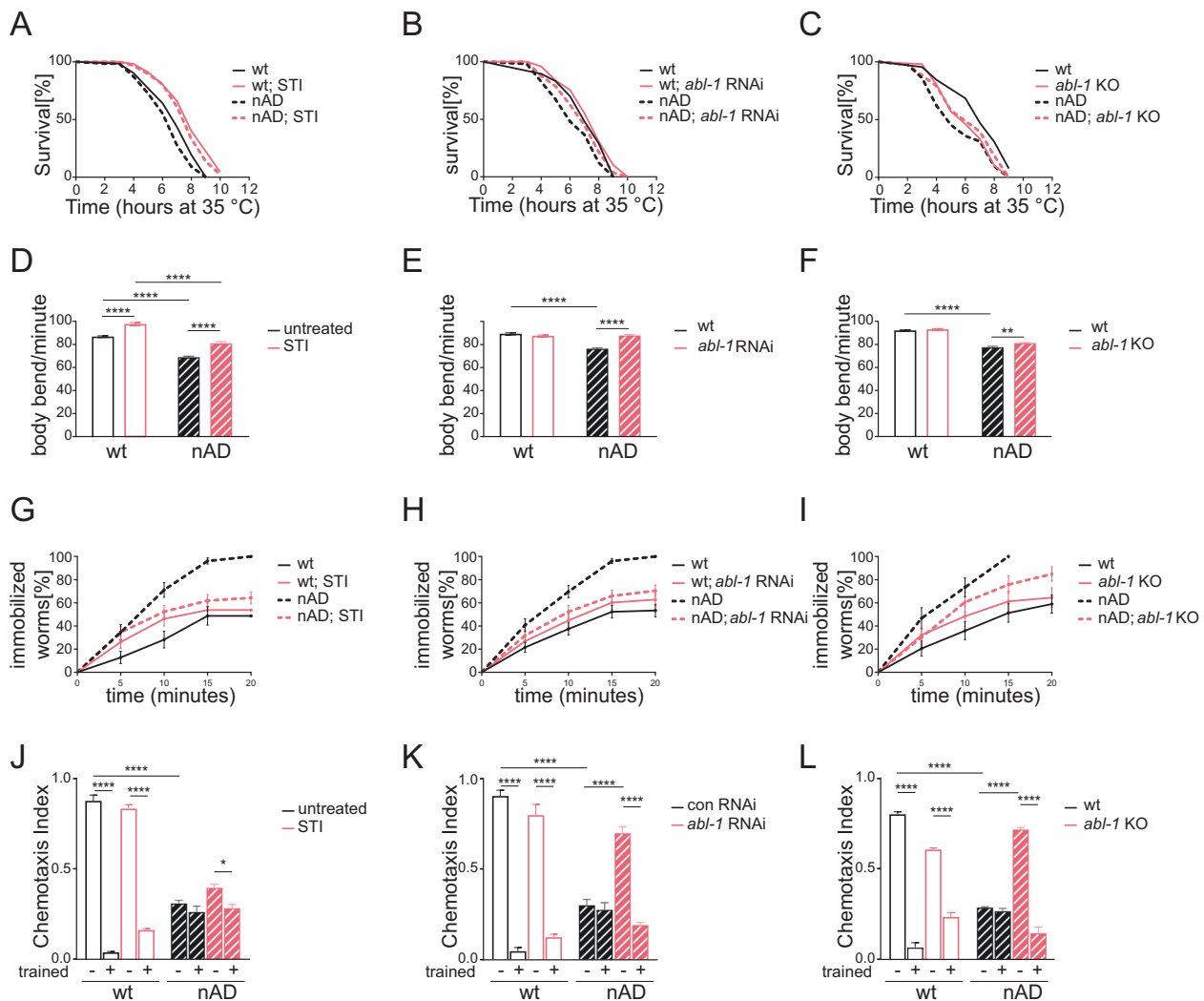
Overall, our in vitro cellular data coupled with the in vivo *C. elegans* behavioral assays, reveal that quercetin protection against Aβ toxicity is mediated by reduced Abl expression through induction of autophagy. Moreover, they support the notion that autophagy activation concurrently specifies the beneficial effects of Abl suppression. Quercetin would therefore overcome Aβ-induced blockage of autophagy counteracting the vicious cycle which favors Abl accumulation.

## DISCUSSION

Plant-derived compounds, such as polyphenols and carotenoids found in food and beverage, are emerging as promising interventions to promote healthy aging and delay the development and progression of different age-associated disorders [18, 19, 42]. Their anti-aging properties have been largely discovered in short-lived model organisms such as the nematode *C. elegans* but the underlying molecular mechanism, besides their antioxidant activity is poorly understood [24, 43]. In this work, we initially tested the potential protective effects of four different natural compounds against *C. elegans* aging and AD, the most prevalent age-associated disease. While EGCG, lutein and lycopene primarily protected animals from overexpressing human toxic Aβ in the neurons, quercetin promoted more general or systemic beneficial effects irrespective of neuronal damage. In support of our findings, another study showed that lycopene protects *C. elegans* against muscle-Aβ induced paralysis and reduces ROS levels and apoptosis in APPsw (a mutant form of APP which favors its amyloidogenic processing) cells only upon peroxide or copper treatment (but not in basal conditions) [44]. Some studies also indicated lutein and EGCG preferentially display beneficial effects in compromised *C. elegans* backgrounds [45, 46], while others have shown the compounds increase stress resistance and extend lifespan also in wild-type animals [47, 48]. These seemingly conflicting results can be explained by different exposure scenarios: bimodal dose-dependent effects have been often reported with dietary interventions [47, 49]; different bacterial types used as food source (e.g., HT115 vs OP50; dead vs alive bacteria) can influence animals phenotypes and behaviors in basal conditions, as well as compounds metabolism and therefore their biological effects on lifespan and age-associated features [50–52]; vehicles, methods and age of administration may add further variability [53–55]. For instance, we here observed that different experimental paradigms (e.g., ±solvent) slightly affect resistance to stress and attraction to food in the nAD strain compared to wild-type animals. Moreover, differently from the original study where OP50 bacteria were used as food source [23], here we used HT115 bacteria plus vehicle, which did not shorten the lifespan of the nAD compared to wild-type animals.

The protective effect of quercetin against different type of stressors and aging has been instead consistently recognized in different model organisms [24–26] but its protection against age-





**Fig. 3** **Suppression of ABL-1 tyrosine kinase protects against Aβ-induced pathology in *C. elegans*.** Survival curves in response to heat shock of neuronal Aβ-expressing (nAD) and control (wt) worms, left untreated or treated with Imatinib [1 μM] (STI) (A), fed OP50(xu363) bacteria transformed with either empty-vector or vector-expressing dsRNA against *abl-1* (*abl-1* RNAi) (B), crossed with *abl-1* Knockout (*abl-1* KO) (C) see Table 1 for statistics. Body bends for minute in liquid media, of neuronal Aβ-expressing (nAD) and control (wt) worms, left untreated or treated with Imatinib [1 μM] (STI) (D), fed OP50(xu363) bacteria transformed with either empty-vector or vector-expressing dsRNA against *abl-1* (*abl-1* RNAi) (E), crossed with *abl-1* KO (F). Bar graphs represent mean ± SEM ( $N = 3$ ,  $n = 30$ ). \*\*\*\* $P < 0.0001$ , \*\* $P < 0.01$  calculated with 2-way ANOVA (Tukey's multiple comparisons test). G-I Percentage of immobilized worms, of neuronal Aβ-expressing (nAD) and control (wt) worms, left untreated or treated with Imatinib [1 μM] (STI) (G), fed OP50(xu363) bacteria transformed with either empty-vector or vector-expressing dsRNA against *abl-1* (*abl-1* RNAi) (H), crossed with *abl-1* KO (I). Immobilization was induced using Serotonin [10 mM] in S-basal, see Table 4 for statistics. Chemotaxis index of neuronal Aβ-expressing (nAD) and control (wt) worms, left untreated or treated with Imatinib [1 μM] (STI) (J), fed OP50(xu363) bacteria transformed with either empty-vector or vector-expressing dsRNA against *abl-1* (*abl-1* RNAi) (K), crossed with *abl-1* KO (L). Prior to proceeding with the chemotaxis assay, worms were starved for 2 h either with (trained) or without (–) Benzaldehyde [1%]. Bar graphs represent mean ± SEM ( $N = 3$ ,  $n \geq 41$ ) \*\*\*\* $P < 0.0001$  calculated with 2-way ANOVA (Tukey's multiple comparisons test).

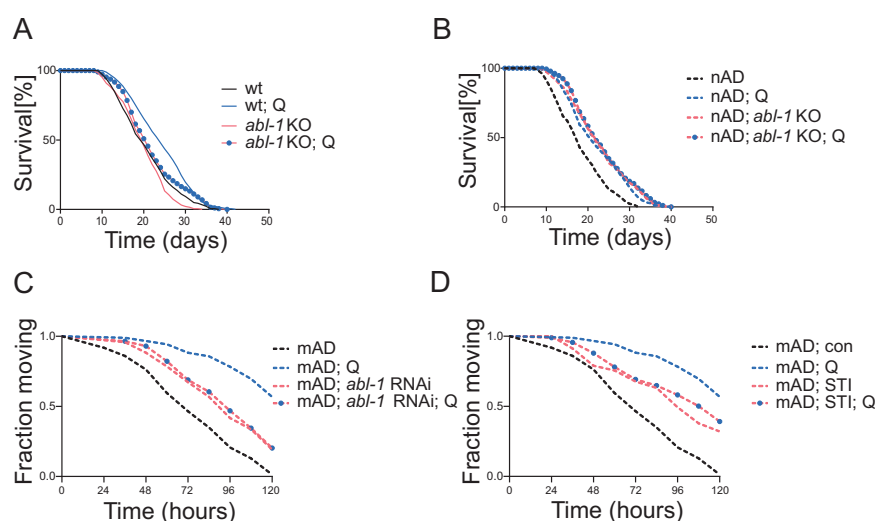
associated neuropathologies has not been actively investigated. Of note, quercetin is one of the most extensively investigated polyphenols for its antiaging, anticancer and anti-inflammatory properties, and clinical trials have evaluated its effect against chronic diseases [18, 42, 56, 57]. In this study, we further expanded its beneficial effects against neuropathologies and showed that quercetin reduces Aβ secretion in mammalian cells and promotes health and lifespan in wt *C. elegans* as well as in animals overexpressing human toxic Aβ either in neuronal or in muscle cells. Our coupled in vivo and in vitro results indicate that quercetin's beneficial effect against Aβ toxicity is mediated by autophagy activation. Autophagy activation has been already shown to protect against toxicity induced by Aβ, polyglutamine aggregates or overexpression of a mutant superoxide dismutase in the respective *C. elegans* disease models, namely AD [40],

Huntington disease (HD) [58] and Amyotrophic Lateral Sclerosis (ALS) [59]. Interestingly, along with other degradation pathways, autophagy is involved in shaping up synaptic structure and function contributing to memory formation [60, 61]. Most notably, synaptic alterations have been described in a few *C. elegans* studies during aging [62, 63] (including the nAD strain used in this work—our unpublished observation) and impairments of synaptic plasticity is an initial event underlying the memory loss and cognitive decline typically found in AD patients [64–67]. Thus, hampered autophagy during aging or in the context of AD is expected to lead to synaptic dysfunction-induced memory loss and quercetin could help counteracting this early neuronal defect.

While the beneficial effects of quercetin, or of other natural compounds, against aging or stress have been already ascribed to autophagy induction across species [19, 38, 68], in this study we

**Table 4.** Serotonin assay summary.

|          | Strain                      | Treatment                  | Mean Immobilizing time (min) | Standard Error | <i>P</i> vs untreated <sup>a</sup> | <i>P</i> vs wt | Total/Censor | <i>N</i> |
|----------|-----------------------------|----------------------------|------------------------------|----------------|------------------------------------|----------------|--------------|----------|
| Fig. 3G  | GRU101 (wt)                 | -                          | 15.6                         | 0.9            |                                    |                | 39/20        | 4        |
|          |                             | Imatinib [1 $\mu$ M] (STI) | 13.7                         | 0.8            | ns                                 |                | 65/30        | 4        |
|          | GRU102 (nAD)                | -                          | 10.0                         | 0.6            |                                    | <0.0001        | 52/0         | 6        |
|          |                             | Imatinib [1 $\mu$ M] (STI) | 12.6                         | 0.7            | 0.04                               | ns             | 84/30        | 6        |
| Fig. 3H  | NV48 (wt)                   | -                          | 14.4                         | 0.6            |                                    |                | 88/41        | 6        |
|          |                             | <i>abl-1</i> RNAi          | 13.4                         | 0.7            | ns                                 |                | 78/29        | 6        |
|          | NV49 (nAD)                  | -                          | 9.6                          | 0.5            |                                    | <0.0001        | 76/0         | 6        |
|          |                             | <i>abl-1</i> RNAi          | 12.5                         | 0.7            | <0.0001                            | ns             | 88/2         | 6        |
| Fig. 3I  | NV48 (wt)                   | -                          | 14.6                         | 1.0            |                                    |                | 39/16        | 3        |
|          | NV50 ( <i>abl-1</i> KO)     | -                          | 12.9                         | 1.2            | ns                                 | ns             | 31/11        | 3        |
|          | NV49 (nAD)                  | -                          | 9.0                          | 0.8            |                                    | 0.001          | 30/0         | 3        |
|          | NV51 (nAD; <i>abl-1</i> KO) | -                          | 11.7                         | 1.0            | 0.02                               | 0.01           | 33/5         | 3        |
| Fig. S2C | NV48 (wt)                   | -                          | 14.6                         | 1.0            |                                    |                | 39/16        | 3        |
|          |                             | Imatinib [1 $\mu$ M] (STI) | 15.0                         | 0.8            | ns                                 |                | 51/25        | 4        |
|          | NV49 (nAD)                  | -                          | 9.0                          | 0.8            |                                    | <0.0001        | 30/0         | 3        |
|          |                             | Imatinib [1 $\mu$ M] (STI) | 11.2                         | 0.8            | 0.007                              | 0.002          | 59/12        | 4        |
|          | NV51 (nAD; <i>abl-1</i> KO) | -                          | 11.7                         | 1.0            |                                    | 0.01           | 33/5         | 3        |
|          |                             | Imatinib [1 $\mu$ M] (STI) | 12.4                         | 0.7            | ns                                 | 0.009          | 64/16        | 4        |

<sup>a</sup>Pairwise comparisons using Log-Rank test.

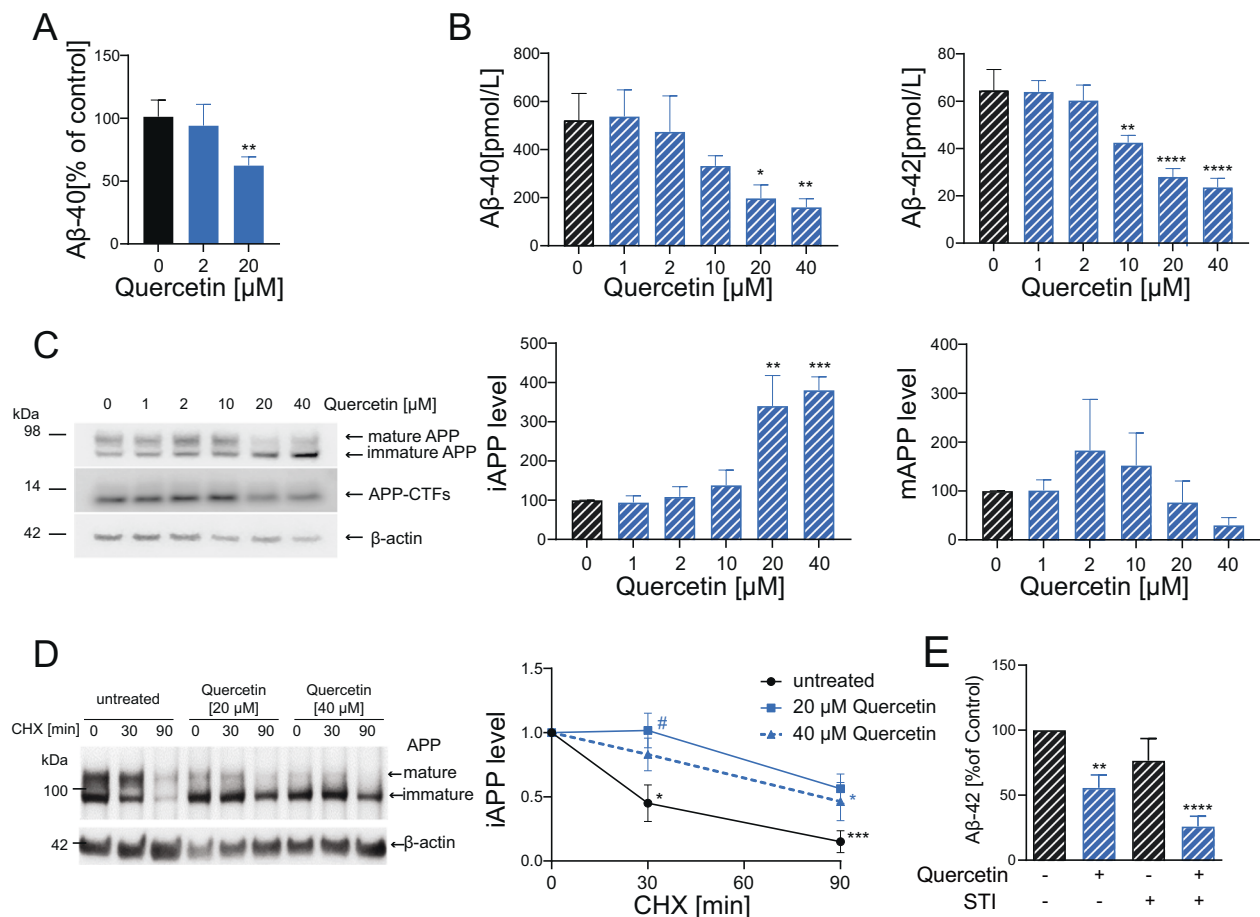
**Fig. 4** **Abl suppression mediates the beneficial effects of quercetin against A $\beta$ -induced pathology.** Kaplan-Meier survival curves of wild-type (wt) and *abl-1* knockout (*abl-1* KO) worms (**A**), or neuronal A $\beta$ -expressing (nAD) worms, and nAD crossed with *abl-1* KO worms (**B**), left untreated or treated with Quercetin [100  $\mu$ M] (Q), see Table 2 for statistics. Fraction of moving worms in response to temperature upshift of muscle A $\beta$ -expressing (mAD) worms, fed OP50(xu363) bacteria transformed with either empty-vector or vector-expressing dsRNA against *abl-1* (*abl-1* RNAi) (**C**), left untreated or treated with Imatinib [1  $\mu$ M] (STI) (**D**), and left untreated or treated with Quercetin [100  $\mu$ M] (**C**, **D**), see Table 5 for statistics.

identified for the first time a specific autophagy target, Abl tyrosine kinase, necessary for its protective effect in the context of AD. Our RNA-Seq analysis indicates genes affected by quercetin are enriched in protein kinases and phosphatases and quercetin

was shown to inhibit a panel of different cancer-relevant kinases [69]. Several kinases are implicated in aging and age-associated pathologies across species (e.g., the insulin-like receptors, the target of rapamycin) [1], and protein kinase inhibitors were

**Table 5.** Paralysis assay summary.

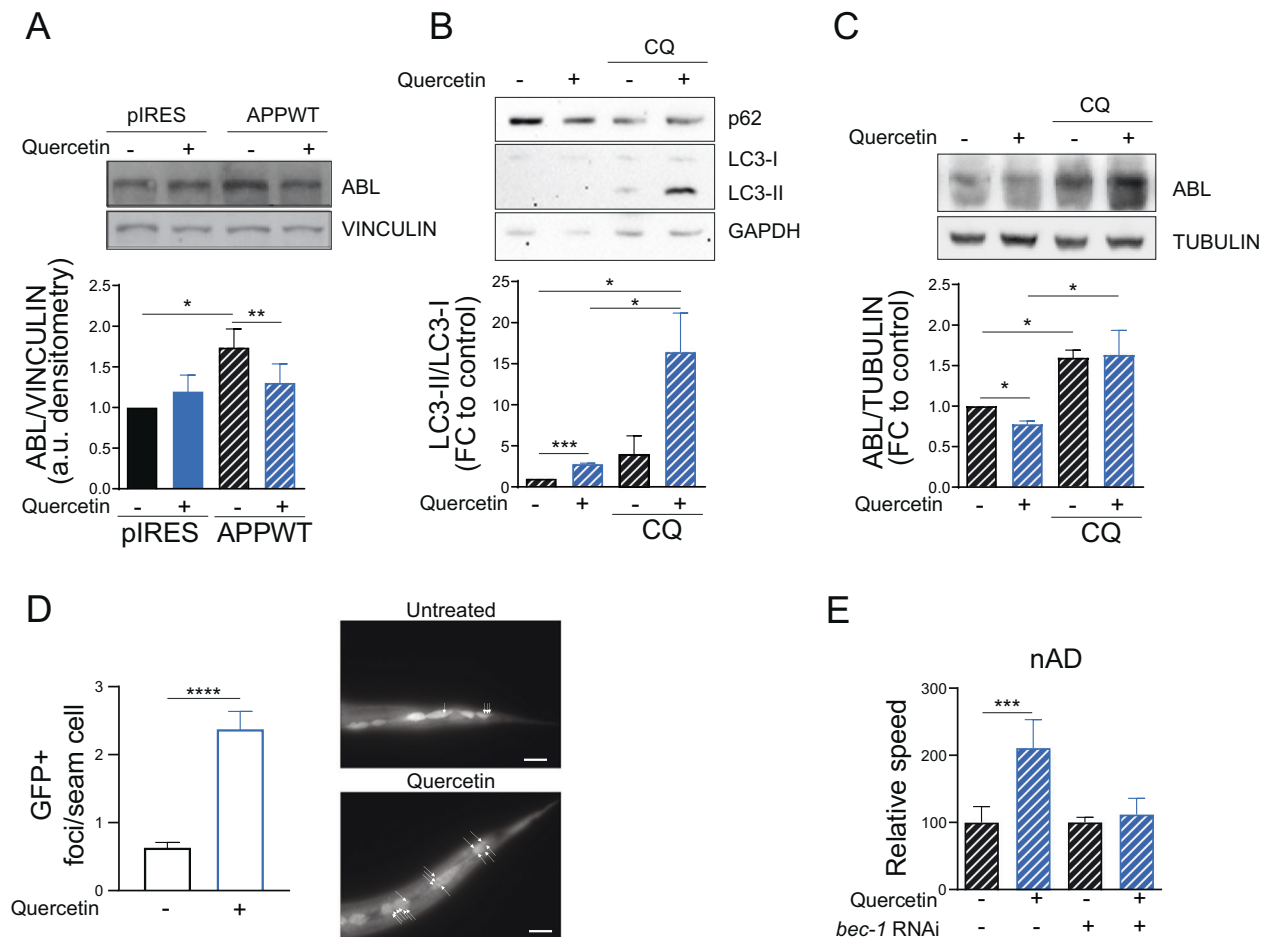
|           | Strain       | Treatment                                   | Mean paralyzing time (h) | Standard Error | <i>P</i> vs untreated <sup>a</sup> | <i>P</i> vs (Q) | Total/Censor | <i>N</i> |
|-----------|--------------|---|--------------------------|----------------|------------------------------------|-----------------|--------------|----------|
| Fig. 4C-D | GMC101 (mAD) | -   | 75.4                     | 3.2            |                                    |                 | 86/8         | 3        |
|           |              | Quercetin [100 μM] (Q)                      | 109.4                    | 2.1            | <0.0001                            |                 | 92/60        | 3        |
|           |              | <i>abl-1</i> RNAi                           | 93.9                     | 2.8            | <0.0001                            |                 | 86/25        | 3        |
|           |              | <i>abl-1</i> RNAi; Quercetin [100 μM] (Q)   | 91.4                     | 2.8            | 0.000                              | <0.0001         | 95/27        | 3        |
|           |              | Imatinib [1 μM] STI                         | 91.7                     | 3.1            | <0.0001                            |                 | 93/34        | 3        |
|           |              | Imatinib [1 μM] STI; Quercetin [100 μM] (Q) | 96.3                     | 3.0            | <0.0001                            | 0.004           | 91/39        | 3        |

<sup>a</sup>Pairwise comparisons using Log-Rank test.

**Fig. 5** Quercetin reduces Aβ secretion in mammalian cells. **A** Mouse cortical neurons were treated at 3 days in vitro with Quercetin [0–20 μM] for 24 h. Level of Aβ40 was determined by ELISA. Values were normalized to the Aβ level detected in conditioned medium of control cells (*N* = 4). **B** HEK293 expressing hAPP695<sup>wt</sup> cells were incubated with increasing concentrations of Quercetin [0–40 μM]. 24 h post-exposure secreted Aβ40 and Aβ42 load was evaluated by ELISA (*N* = 3). **C** The level of mature APP (mAPP), immature APP (iAPP) and APP-CTFs were assessed in cellular membrane fraction by Western Blot analysis. Data were normalized to the level of β-actin and respective control (*N* = 4). **D** HEK293-hAPP695<sup>wt</sup> cells were treated with Quercetin [20 and 40 μM] for 24 h and subsequently exposed to CHX [40 μg/mL] for 0, 30, or 90 min. The level of mature APP (mAPP), immature APP (iAPP) were assessed in the cell lysates by Western Blot analysis. Data were normalized to the level of β-actin and respective control (*N* = 3). **E** HEK293T stably transfected with hAPP695<sup>wt</sup> were treated for 24 h with Quercetin [20 μM] or Imatinib [10 μM]. Level of Aβ42 was measured by ELISA. Values were normalized to control (*N* = 3). Statistical analyses performed by paired Student's *t* test \**P* < 0.05; \*\**P* < 0.01; \*\*\**P* < 0.001 versus untreated condition; while 2-way ANOVA (Tukey's multiple comparisons test) was used in (**D**), \**P* < 0.05; \*\*\**P* < 0.001 versus time 0; #*P* < 0.05 versus untreated at the same time point.

predicted among the highest ranked drugs in search of anti-aging compounds [70]. Remarkably, different kinases have been also shown to orchestrate neuronal functions and synaptic plasticity with Abl being implicated in the regulation of neuronal

biogenesis, synaptic formation and functionality [71, 72]. Consistent with its role in the nervous system, aberrant Abl expression or activity have been found in mammalian models of different neurodegenerative disease including AD [37, 73, 74]. Most



**Fig. 6 Autophagy mediates quercetin-induced Abl-suppression and A $\beta$ -protection.** Immunoblot and densitometric analyses of HEK293T-pIRES and HEK293T-APP<sup>WT</sup> cells upon Quercetin and Cloroquine treatments. **A** HEK293T-APP<sup>WT</sup> cells shows a significant upregulation of ABL compared to HEK293T-pIRES cells. Quercetin [20 mM] treatment for 24 h significantly downregulates ABL in HEK293T-APP<sup>WT</sup> cells. HEK293T-APP<sup>WT</sup> cells were pre-treated with Cloroquine (CQ) [10 mM] 1 h before Quercetin to assess quercetin-dependent autophagic induction. **B** ABL protein is significantly accumulated in CQ conditions. **C** Vinculin, GAPDH and Tubulin were used as loading control. Statistical analyses performed by paired Student's *t* test \**P* < 0.05; \*\**P* < 0.001; \*\*\**P* < 0.001. **D** Number of autophagosomal GFP+ foci in seam cells of L3 larvae in a *C. elegans* strain expressing the GFP under the *lgg-1* promoter fed empty vector expressing HT115(DE3) bacteria, either left untreated or treated with Quercetin [100  $\mu$ M]. Bar plots represent mean  $\pm$  SEM (*N* = 3, *n*  $\geq$  30). Statistical analyses performed by unpaired Student's *t* test \*\*\*\**P* < 0.001. On the right side of the bar plot, representative pictures of the *C. elegans* seam cells used for the measurement are shown. Arrows indicate autophagosomes. Scale bar 20  $\mu$ m. **E** Relative speed of nAD strain fed, starting from L4, HT115(DE3) bacteria transformed with either empty-vector or vector-expressing dsRNA against *bec-1* (*bec-1* RNAi), bar graphs shown mean  $\pm$  SD of the normalized values to quercetin untreated conditions (*N* = 3, *n*  $\geq$  99). \*\*\**P* < 0.001 calculated with 2-way ANOVA (Tukey's multiple comparisons test).

notably, recent studies in cellular and mice models pointed to Abl tyrosine kinase as a promising therapeutic target for AD [30–32]. Accordingly, we found that Abl suppression via genetic (RNAi or knock-out) or pharmacological (Imatinib) treatments, also has beneficial effects in *C. elegans* AD models and provided evidence that Imatinib works through Abl also in *C. elegans*, as its effect is masked in the *abl-1* knock-out strain. Furthermore, we found that reduced Abl expression via autophagy is necessary to mediate the protective effects of quercetin. The specific mechanisms through which quercetin-induced autophagy leads to Abl degradation remains to be identified. Nonetheless, it is interesting to note that, different from quercetin, Abl suppression alone neither impacted on A $\beta$  secretion in mammalian cells nor improved lifespan or neuromuscular parameters in wt *C. elegans* (compared to its effect in the AD strains). While these results may be ascribed to specific experimental conditions (e.g., cells-specific effects, compounds dosage or vehicles), they may as well imply that the two interventions, on top of their convergent activity, also cooperate to protect against Alzheimer pathology through independent mechanisms. This notion is consistent with their different effect

we observed on APP processing in mammalian cells. Moreover, it is supported by the fact that *C. elegans* APP related protein (APL-1) does not contain an A $\beta$  sequence and available AD models rely on transgenic expression of the human A $\beta$  toxic peptide [3, 14], rather than on increased pro-amyloidogenic processing of APP. Activation of different pathways may thus concur to protect against A $\beta$  toxicity in parallel or downstream of Abl-suppression upon quercetin treatment.

Abl inhibition has been shown to impact on APP processing in mammals in different ways and especially through modulation of APP intracellular domain (AICD) phosphorylation, expression or activity, thus ultimately impacting on A $\beta$  levels and toxicity [36, 75–78]. Also, some natural compounds, including quercetin, were sporadically reported to reduce APP pro-amyloidogenic processing [79–81]. While modulation of APP processing cannot explain the beneficial effect of quercetin or Abl inhibition in *C. elegans* AD models, some of the enzymes involved in APP processing in mammals are conserved in nematode (e.g., Fe65/*feh-1*, neprilysin/*nep-1* [3, 82, 83]) and, if affected by the two interventions, may still impact on A $\beta$  degradation or toxicity.



Moreover, natural compounds as well tyrosine kinases inhibitors could activate cytoprotective responses (e.g., mtUPR, mitophagy, Nrf2), which in turn counteract A $\beta$  toxicity [23, 47, 84–90]. Remarkably, in this work, we found that autophagy is required on the one hand for quercetin to reduce Abl expression, and on the other hand to mediate the protective effect of Abl suppression in *C. elegans*. In support of our study others have described a beneficial effect of Abl inhibition in mammalian models of neurodegenerative disorders where Abl is aberrantly expressed/activated and the lysosomal/autophagic function is concurrently compromised [30, 91–93]. The exact mechanism through which Abl is impacting on autophagy remain to be fully elucidated but our analysis of the 171 genes in common between quercetin-treated and Abl-depleted animals pointed to genes controlled by TFEB/*hlh-30*, a master regulator of autophagy [41]. In support of our findings, a handful of studies also described enhanced TFEB transcriptional activity by Abl inhibition in other neurometabolic disorders such as ALS or Niemann-Pick type C disease [94, 95]. Follow up investigations on the gene expression uniquely or commonly modulated by quercetin and Abl suppression will shed light on specific targets required for their protection against A $\beta$  toxicity.

In conclusion, we propose that quercetin, by stimulating autophagy, would reset an appropriate level of Abl tyrosine kinase whose abnormal expression contribute in a vicious cycle to the autophagy blockage observed in different AD models. How autophagy reduces Abl expression and how in turn autophagy activation by Abl (possibly in a TFEB-dependent manner) protects against A $\beta$  toxicity remain to be fully elucidated. Nonetheless, the exploitation of natural compounds rather than drugs reducing Abl activity, has clear advantages, avoiding the appearance of side effects while promoting broader beneficial effects. Interestingly, the combination of quercetin plus dasatinib (a non-specific pharmacological inhibitor of Abl and Src tyrosine kinases) has been proposed as treatment to promote healthy aging thanks to their senolytic effect i.e., the ability of the treatments to specifically kill senescent cells [96–99]. While there is no evidence that senescent cells killing plays a role in *C. elegans* aging, our findings suggest new mechanisms may underlie the beneficial effect of combining quercetin and kinases inhibitors, which most likely go beyond their classical senolytic activity. Overall, we provide strong support for exploiting *C. elegans* as an excellent in vivo model organism to identify possible AD pathogenic targets and therapeutics and disentangle their underlying mode of action.

## MATERIAL AND METHODS

### Statistical analysis

The data analysis was done using Prism V9 software (GraphPad Software Inc., San Diego, USA) and R programming language (<http://www.R-project.org>). The statistical tests used for each experiment are detailed in the figures' legends. *N* = number of independent biological replicas; *n* = sample size. The sample size for each experiment was selected according to existing literature data on comparable published experiments.

### *C. elegans*

*C. elegans* strains and culture conditions. The following strains were used in this study:

GRU101: *gnals1* [myo-2p::YFP],  
GRU102: *gnals2* [myo-2p::YFP + unc-119p::Abeta1-42],  
XR1: *abl-1(ok171)*,  
NV48: wild type isolated from crossing XR1 with GRU102  
NV49: *gnals2* [myo-2p::YFP + unc-119p::Abeta1-42] isolated from cross-ing XR1 with GRU102  
NV50: *abl-1(ok171)*, isolated from crossing XR1 with GRU102,  
NV51: *gnals2* [myo-2p::YFP + unc-119p::Abeta1-42]; *abl-1(ok171)*,  
GMC101: *dvls100* [unc-54p::Abeta1-42::unc-54 3'-UTR; mtl-2p::GFP]  
CL995: *adls2122*(Plgg-1::GFP::lgg-1 + pRF4)

JKM2: *ls* [rgef-1p::Signalpeptide-Abeta(1–42)::hsp-3(IRES)::wrmScarlet-Abeta(1–42)::unc-54(3'UTR) + rps-0p::HygroR]

JKM3: *ls* [rgef-1p::hsp-3(IRES)::wrmScarlet::unc-54(3'UTR) + rps-0p::HygroR]

NV57: *ls* [rgef-1p::Signalpeptide-Abeta(1–42)::hsp-3(IRES)::wrmScarlet-Abeta(1–42)::unc-54(3'UTR) + rps-0p::HygroR]; *abl-1(ok171)*

NV58: *ls* [rgef-1p::hsp-3(IRES)::wrmScarlet::unc-54(3'UTR) + rps-0p::HygroR]; *abl-1(ok171)*

NV strains were specifically generated for this work.

All strains were maintained and kept synchronized by egg lay at 20 °C on Nematode Growth Media (NGM) agar supplemented with *Escherichia coli* OP50 unless otherwise indicated.

**RNA-mediated interference (RNAi).** Genes of interest were silenced by feeding *E. coli* HT115(DE3) or OP50(xu363) expressing plasmids transformed for the specified gene, empty vector was used as control. Worms were treated with RNAi expressing bacteria from eggs till the end of the experiment, unless otherwise indicated.

**Chemical treatments.** Quercetin (Q4951 Sigma-Aldrich), Lutein (PHR1699 Sigma-Aldrich), Lycopene (PHR1770 Sigma-Aldrich), Epigallocatechin gallate (ECGC) (E009 TransMit) where dissolved in a solution of Dimethylsulfoxid (DMSO, 276855 Sigma-Aldrich) containing 1% of Tween 80 (P1754 Sigma-Aldrich) and mixed with bacteria to the following concentrations: Quercetin 100  $\mu$ M, lutein  $\mu$ M100, lycopene 4.6  $\mu$ M, ECGC 0.64  $\mu$ M. Control worms were fed bacteria containing the same amount of solvent (0.5% DMSO plus 0.005% Tween 80) used to prepare the above compound. Serotonin (H9523 Sigma-Aldrich) treatment: worms were incubated in 200  $\mu$ l of 10 mM Serotonin diluted in S-Basal. Imatinib (STI-57, SML1027 Sigma-Aldrich), was dissolved in H<sub>2</sub>O and mixed with the bacteria to a final concentration of 1  $\mu$ M.

**Body bends.** The movement of adult worms (3 days after egg-lay) was scored on 5  $\mu$ l of S-Basal. Single worms were transferred into the 5  $\mu$ l S-basal drop and left adapt for 10–15 s before counting the bends for 20 s. At least ten worms were counted for each replicate.

**Lifespan.** Age synchronized populations of 60–80 worms were used to start the lifespan analysis. To avoid cross-generation contamination, animals were transferred on fresh plates every day during the fertile phase afterward every other day. Animals not able to move upon pick-prodding and with no pharyngeal pumping were scored as dead. Animals were scored as not moving when no sinusoid locomotory activity was observed anymore upon prodding. Survival analysis was performed in OASIS 2 [100] using the Kaplan Meier estimator. Statistical differences were evaluated using the log-rank test between the pooled population or worms and *p* values were adjusted for multiple comparisons by Bonferroni method.

**Heat shock response.** The stress resistance of the different strains/treatments was tested by heat shock at 35 °C for 10–11 h. Around 10–15 age synchronized worms were transferred to fresh plates and incubated on 35 °C and the survival was scored manually every single hour until the whole population died. Animals not able to move upon pick-prodding and with no pharyngeal pumping were scored as dead. Animals. Survival analysis was performed in OASIS 2 [100] using the Kaplan Meier estimator. Statistical differences were evaluated using the log-rank test between the pooled population or worms and *p* values were adjusted for multiple comparisons by Bonferroni method.

**Food assay.** 7 days old worms were used to perform the assay. Briefly, the day before the experiment 6 cm petri dishes containing a modified version of NGM (2% agar, 1 mM CaCl<sub>2</sub>, 1 mM Mg SO<sub>4</sub>), were marked with 2 dots about 4.5 cm apart, in one of the points 50  $\mu$ l of freshly grown op50 were seeded. Prior to proceeding with the assay worms were washed 3–4 times with S-Basal and then placed on the opposite dot from the bacteria. The percentage of animals on food was calculated after 2 h from placing the worms on the plate. Around 100–150 worms were used in each replicate in three independent experiments

**Chemotaxis assay.** 3 days old worms were used for the assay on 9 cm petri dish containing: 2% agar, 1 mM CaCl<sub>2</sub>, 1 mM Mg SO<sub>4</sub>. Before proceeding with the assay, worms were starved for 2 h either with (trained) or without Benzaldehyde [1%]. Meanwhile, 1  $\mu$ l of 1% Benzaldehyde and



1  $\mu$ l of 95% Ethanol, were spotted on the test plates along the diameter, spaced 3.5 cm from the center.

After the starvation period, 40–50 worms were placed on the geometric center of the test plates. The assay plates were incubated for 1 h and a chemotaxis index (CI) was scored manually using the following formula  $CI = ([\#benzaldehyde] - [\#Ethanol]) / ([\#Total] - [\#Center])$ .  $\#$  = number of worms of the specified spot. Each experiment was repeated three times [101].

**Serotonin sensitivity assay.** Worms were incubated in a solution of 10 mM Serotonin (hypochlorite) diluted in S-Basal. Briefly, 1-day-old synchronized worms were collected, washed with S-Basal Buffer, and transferred to 96-well plates containing 200  $\mu$ l of the Serotonin solution. The immobilized worms were then visually scored every 5 min for 20 min [33].

**Paralysis assay.** Nematodes' eggs were left to develop at 20 °C for 72 h then upshifted at 25 °C to promote the muscle expressed Abeta-1–42 aggregation. After 24 h from the upshift at 25 °C paralyzed worms were scored manually every 12 h. Nematodes were considered paralyzed if they were unable to move their entire body, either on their own or when prompted by touch. For each assay, around 30 worms for conditions were used in three independent replicates. Paralysis analysis was performed in OASIS 2 [100] using the Kaplan Meier estimator. Statistical differences were evaluated using the log-rank test between the pooled population of worms and *p* values were adjusted for multiple comparisons by Bonferroni method.

**Relative speed measurement.** To measure the relative speed, 25 s movies of worms crawling on plates were recorded and analyzed with Fiji plugin wrMTrck [102, 103]. 3 days old worms, were recorded using a Raspberry HQ camera V1.0 2018, connected to a Zeiss Stereo Discovery.V8 stereomicroscope. All videos were captured using the same hardware and software settings.

The raw videos were converted to 8-bit and segmented using Fiji, then analyzed using wrMTrck. For each condition, two plates containing ~20–25 worms were used to record the movies, and each experiment was repeated three times.

**Autophagy quantification.** The number of autophagic foci was quantified in L3 larvae expressing *Plgg-1::GFP::LGG-1* worms placed on 2% agarose pads using a Zeiss Axioplan II microscope at a magnification of 630-fold. Three separate biological experiments were conducted and the average number of foci per seam cell ( $\pm$ standard error of the mean) was calculated from a minimum of eight animals per condition.

**A $\beta$  aggregation quantification in nematodes.** Day 4 and day 7 old nematodes were used to quantify A $\beta$  aggregation by fluorescence lifetime imaging (FLIM) in three biological replicates with at least ten nematodes each [34, 104]. Nematodes were anesthetized with 250 mM NaN<sub>3</sub>, placed onto 3% agar pads and imaged with a Zeiss LSM880 confocal microscope. The measurements were recorded using Time-correlated single-photon counting with 40 $\times$  oil immersion objective, digital zoom of 1.8-fold. The pulsed excitation laser at 40 MHz was set for 485 nm to measure emission between 575 and 620 nm. The measurements were carried out until ~3000 photons were acquired. Data were recorded using SymphoTime 64 and fitted assuming mono-exponential decays with FLIMFIT 5.1.1. software [105]. Statistical differences between strain and ages were calculated using two-way ANOVA + Tukey post hoc test in GraphPad Prism 9. was calculated using 2-way ANOVA + Tukey post-hoc test in GraphPad Prism 9.

#### RNA-Seq

**RNA extraction and processing:** RNA was extracted from nematodes collected on day 3 from 2 large NGM plates seeded with HT115 transformed with the empty vector L4440. Approximately 1000 worms were collected per condition and were frozen in nuclease-free water at –80 °C for further processing. Lysates were prepared using a tissue homogenizer “precellys 24” (Bertin Technologies) and 1:1 v:v 1 mm glass beads (Biospec Cat. No. 11079110) were added to the worms' pellet along with lysis buffer. The samples were shaken for 30 s at 6000 rpm and then placed on ice for 1 min, repeated three times. Total RNA was extracted using the RNeasy Plus Mini Kit (Qiagen- 74134) according to the manufacturer's instructions. Five different biological replicates were used for each condition. NV48 (nAD) and NV51(*abl-1* KO) were either left untreated or treated with Quercetin [100  $\mu$ M] starting from eggs.

DNase digested total RNA samples used for transcriptome analyses were quantified (Qubit RNA HS Assay, Thermo Fisher Scientific, MA, USA) and quality measured by capillary electrophoresis using the Fragment Analyzer

and the “Total RNA Standard Sensitivity Assay” (Agilent Technologies, Inc. Santa Clara, USA). All samples in this study showed high quality RNA Quality Numbers (RQN; mean = 10.0). The library preparation was performed according to the manufacturer's protocol using the Illumina® “TruSeq Stranded mRNA Library Prep” Kit. Briefly, 350 ng total RNA were used for mRNA capturing, fragmentation, the synthesis of cDNA, adapter ligation and library amplification. Bead purified libraries were normalized and finally sequenced on the HiSeq 3000/4000 system (Illumina Inc. San Diego, CA, USA) with a read setup of SR 1 $\times$ 150 bp. The Illumina bcl2fastq tool (v2.20.0.422) was used to convert the bcl files to fastq files as well for adapter trimming and demultiplexing.

**RNA-Seq analysis:** Data analyses on fastq files were conducted with CLC Genomics Workbench (version 20.0.4 and 21.0.4, QIAGEN, Venlo, NL). The reads of all probes were adapter trimmed (Illumina TruSeq) and quality trimmed (using the default parameters: bases below Q13 were trimmed from the end of the reads, ambiguous nucleotides maximal 2). Mapping was done against the *C. elegans* (WBcel235.99) (March 26, 2020) genome sequence. After grouping of samples according to their respective experimental condition, the statistical differential expression was determined using the CLC Differential Expression for RNA-Seq tool (version 2.5). The Resulting *P* values were corrected for multiple testing by FDR and Bonferroni-correction. A *P* value of  $\leq 0.05$  was considered significant. The RNA-Seq data discussed in this publication have been deposited in NCBI's Gene Expression Omnibus [106] and are accessible through GEO Series accession number [GSE235199](https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE235199).

**Gene ontology (GO) analysis:** In order to perform functional enrichment analysis, the lists of differential expressed genes, which resulted from the RNA-Seq analysis, were input into the on-line tool g:Profiler (<https://doi.org/10.1093/nar/gkz369>) with the default setting for *C. elegans*. The top 20 GO terms were plotted for the specified comparison, sorted by significance were plotted. DEG lists were used to find common DEG between the comparison of interest, the result was plotted as Venn diagram (<https://bioinformatics.psib.ugent.be/webtools/Venn/>).

The enrichment map, visible inside the Venn Diagram was plotted using Cytoscape [107] and the EnrichmentMap plugin [108] following the methods described in ref. [109]. The genes log fold change of the Venn Diagram intersection, was plotted as heat map using the R package ComplexHeatMap [110].

#### Mammalian cells

**Cell culture and stable cell lines generation.** Mouse primary cortical cultures (Fig. 5A) were prepared from P0 brains from C57/BL6J mice as previously described [111] under the study approval by the Landesamt für Natur, Umwelt und Verbraucherschutz (LANUV, Northrhine Westphalia, Germany, reference number Az. 84-02.05.40.14.138 and Az. 81-02.05.50.17.018).  $2 \times 10^5$  cells were plated in six-well coated with poly-L-lysine (0.1 mg/ml) and containing Neurobasal medium with B27 supplement (Invitrogen).

Human embryonic kidney (HEK) 293 cells stably overexpressing human wild type APP695 (Fig. 5B–D, HEK293APPwt) kindly provided by Prof. Jochen Walter, Uni Bonn [112], were grown in RPMI1640 (Invitrogen) supplemented with 10% heat-inactivated fetal bovine serum (Perbio) and 100  $\mu$ g/ml of penicillin/streptomycin (Invitrogen).

Commercially available HEK293T cells (Sigma; Figs. 5E and 6A–C) were grown in Dulbecco's modified Eagle's medium (DMEM) supplemented with 10% fetal bovine serum, 100 U/ml penicillin, and 100 mg/ml streptomycin (Sigma-Aldrich). Stable overexpression of pIRES-empty and pIRES-APP695<sup>WT</sup> vectors were performed by using Polyethylenimine reagent (Tebu-bio), according to manufacturer's instructions. Hygromycin B (Sigma-Aldrich) was used as selection antibiotic at the concentration of 200 mg/ml.

**Cell treatments.** Primary cortical neurons ( $2 \times 10^5$  cells/well) were treated at day 3 in vitro with Quercetin for 24 h.

HEK293T cells were seeded at the proper density and treated the day after for experiments. Quercetin 20  $\mu$ M treatment was performed for 24 h; Cloroquine 10  $\mu$ M treatment was performed 1 h before quercetin. All the reagents were purchased from Sigma-Aldrich.

HEK293APP695wt cells were treated 24 h after seeding at 70% confluence with different concentrations of quercetin (1 – 40  $\mu$ M) or imatinib (5–20  $\mu$ M; Sigma-Aldrich) dissolved in DMSO. Control cells were treated with medium containing the highest used amount of solvent (0.1% DMSO). 24 h after treatment, conditioned media were aspirated, centrifuged at 1.200 rpm and supernatants were stored in –20 °C for ELISA

analysis. Subsequently, the cellular membranes were extracted and used for western blot analysis.

**Western blot analyses and amyloid- $\beta$  ELISA.** To assess the turnover of APP, cells treated for 24 h with quercetin as described above and exposed to cyclohexamide (Sigma-Aldrich) [40  $\mu$ g/mL] for 0 min, 30 min and 90 min. Then, cells were lysed in STEN lysis buffer (1 $\times$  STEN: 50 mM Tris, pH 7.6, 150 mM NaCl, 2 mM EDTA, 0.2% Nonidet P-40; STEN-lysis buffer, 1% Triton X-100, 1% Nonidet P-40, complete protease inhibitors in 1 $\times$  STEN) on ice for 30 min and clarified by a 30-min centrifugation at 13,200 rpm.

Total cell extracts were obtained by rupturing cells in RIPA buffer (50 mM Tris-HCl, pH 8, 150 mM NaCl, 1% NP-40, 0.5% sodium deoxycholate, 0.1% SDS, 10 mM NaF, 1 mM sodium orthovanadate) and protease inhibitor cocktail (Roche Applied Science) followed by centrifugation at 14,000  $\times$  g for 20 min at 4°C. 30 mg protein extracts were then electrophoresed by SDS-PAGE and blotted onto nitrocellulose membrane (Bio-Rad Laboratories). Cellular membrane preparation: All procedures were carried out at 4°C. Cells were harvested and resuspended in hypotonic buffer (10 mM Tris, pH 7.3, 10 mM MgCl<sub>2</sub>, 1 mM EDTA and 1 mM EGTA) for 10 min on ice. Cells were then homogenized by passing ten times through a 21-gauge needle and centrifuged for 10 min at 100  $\times$  g to pellet nuclei. The resulting supernatant was centrifuged 30 min at 16,000  $\times$  g. Crude cellular membrane fractions were lysed in STEN lysis buffer (1 $\times$ STEN: 50 mM Tris, pH 7.6, 150 mM NaCl, 2 mM EDTA, 0.2% Nonidet P-40; STEN-lysis buffer, 1% Triton X-100, 1% Nonidet P-40, complete protease inhibitors in 1 $\times$  STEN) and clarified by a 30-min centrifugation at 13,200  $\times$  g. Upon SDS-PAGE electrophoresis, membrane proteins were transferred to nitrocellulose membrane and detected with the corresponding antibodies.

Primary antibodies used are as follows: anti-p62 (MBL, #PM045); anti-LC3 (8E10) (MBL, #M186-3); anti-ABL (Ab-3) (Sigma-Aldrich, #OP20); anti-Vinculin (13901T) (Cell Signaling Technology, #13901); anti-GAPDH (D16H11) (Cell Signaling Technology, #5174); anti-Tubulin (Sigma-Aldrich, #T5168). The specific protein complex, formed upon incubation with specific secondary antibodies (Bio-Rad Laboratories), was identified using a iBright Imaging Systems (Thermo Fisher Scientific), after incubation with the ECL detection system (Bio-Rad Laboratories). Images were adjusted for brightness and contrast by Fiji analysis software.

APP full-length and APP C-terminal fragments were detected with APP CT antibody (Sigma). The A $\beta$ 40 and A $\beta$ 42 ELISA were performed according to the manufacturer's manual (Wako chemicals, Germany).

Uncropped original blots are shown in the Supplemental Material file.

**Real-time PCR.** RNA was extracted by using TRI Reagent (Sigma-Aldrich), in accordance with manufacturer protocol. cDNA was generated starting from 1 mg of total RNA using the SensiFAST cDNA Synthesis KIT (Bioline). Specific primer pairs were designed to amplify unique regions of genes of interest, primers sequences are listed below. RT-qPCR was performed using the SensiFAST SYBR Green Master Mix (Bioline) on a LightCycler 480 System (Roche). Data were analyzed following the 2<sup>- $\Delta\Delta$ CT</sup> method. The fold changes in mRNA levels were determined relative to the control after normalizing to the internal standard actin.

| Genes   | Forward                | Reverse                |
|---------|------------------------|------------------------|
| ABL1    | CCAGGTGTATGAGCTGCTAGAG | GTCAGAGGGATTCCACTGCCAA |
| b-actin | GGGACCTGACTGACTACCTC   | ATCTTCATTGTGCTGGGTG    |

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## AUTHOR CONTRIBUTIONS

AS carried out most *C. elegans* experiments; SM carried out some *C. elegans* experiments; JK, PS, SM collected and analyzed data on Aβ aggregation in *C. elegans*; CC carried out experiments in mammalian cells related to Abl tyrosine kinase and autophagy; LSG, GDL carried out experiment related to amyloid beta secretion from mammalian cells; PP, KK carried out RNA-seq and initial data analysis; NV conceptualized the study; NV, AS, DB, CC, TW designed the experiments; AS, CC, TW analyzed the data; NV, DB, TW, RS supervised the study; NV, DB, RS financially supported the work; AS, NV wrote initial draft of the manuscript; CC, DB, TW helped with manuscript writing; all authors edited and accepted final version of the manuscript.

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## COMPETING INTERESTS

The authors declare no competing interests.

## ETHICS APPROVAL

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## ADDITIONAL INFORMATION

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